**Clostridium difficile** Infection (CDI) Prevention Bundle

**Staff Education**

**Initiate & document contact isolation precautions for patients with diarrhea (3 or more unformed stools in 24 hrs):**
- Nurse initiates contact precautions.
- Clean hands.
- **Don gown and gloves when entering patient room.**
- Move patient to private room with a dedicated toileting facility.
- Use [Diarrhea Decision Tree](#) to guide practice.

**Send loose stool sample to lab to test for CDI:**
- MD order required.

**Hand hygiene:**
- Always [wash hands with soap and water on EXIT](#) after removing gloves (Gel In/ Wash Out).
- OK to use gel on entrance prior to gloving.

**Educate patient & family about CDI:**
- Educate patient and family about **Clostridium difficile**.
- Educate about precautions stressing hand hygiene by washing with soap and water on EXIT.

**Decrease bioburden of *C. diff* spores on patient:**
- Daily bath or shower for patients with known or suspected CDI.

**Cleaning:**
- Use dedicated patient-use items for isolated patients.
- Clean patient-use items with Sani-Cloth.
- Hospitality will use bleach-based cleaner for daily room cleaning and all Discharge Room cleaning.

**Move patient with CDI to new room once symptoms resolve:**
- Educate patient & family about testing expectations.
- Educate patient & family about need to move out of contaminated environment to clean one.*
- Bathe or shower patient before moving to clean room.
- Unit staff will request a room transfer within 24hrs:
  - Write comments in comment section stating: “*C.diff precautions removed. Transfer to new room.*”
  - The nurse or MD will discontinue isolation precautions.
- Leave isolation caddy on door until Hospitality has completed Discharge cleaning.
- If patient cannot be transferred to a new room, patient continues on contact precautions in existing room until room change or discharge and existing room is cleaned with bleach-based cleaner.

*Suggested Script: “Now that you no longer have an active infection, moving you to a clean room and making sure you are freshly bathed / showered will decrease the chance of healthcare workers spreading the *C.diff* from this contaminated room to other areas of the hospital or other patients.”

**Practice antimicrobial stewardship:**
Use Clinical Pharmacy’s Guidelines for Antimicrobial Use in Adults with CDI
[http://clinicalpharmacy.ucsf.edu/idmp/guide_home.htm](http://clinicalpharmacy.ucsf.edu/idmp/guide_home.htm)
**Clostridium difficile Infection (CDI) Prevention Bundle**

**Everyone’s role:**
- Always wash hands with soap and water on exit (“Gel In/ Wash Out”)
- Follow Contact Isolation Precautions*

**Provider’s role:**
- Order laboratory testing
- Order and follow Contact Isolation Precautions
- Use dedicated equipment (e.g. stethoscopes) or clean appropriately with SaniCloths
- Educate patients
- Practice antimicrobial stewardship

**Nurse’s role:**
- Document the number and character of stools daily
- Implement and maintain Contact Isolation Precautions for patients with suspect or confirmed *C. difficile* disease
- Ensure daily bath or shower for patients with suspected or confirmed CDI
- Maintain and use dedicated or disposable equipment
- Educate patients
- Transfer patient to clean room after symptom resolution or maintain Contact Precautions until discharge

**Hospitality’s role:**
- Clean with bleach-based cleaner for daily and discharge cleaning
- Follow Contact Isolation Precautions

*PLEASE NOTE: Continue Contact Precautions for the duration of hospitalization UNLESS diarrhea has resolved AND patient has been transferred to another room.*

See also *C. diff FAQs*