

HOSPITAL EPIDEMIOLOGY AND INFECTION CONTROL:
**TABLE OF ILLNESSES/INFECTIONS AND
RELATED WORK RESTRICTIONS**
(UNIT SPECIFIC POLICIES SUPERSEDE THIS TABLE)

[Key: OHS = Occupational Health Services, N/A = Not Applicable]

| Illness/Infection | Work Restriction | Duration | OHS Return to Work Required |
|--|--|--|------------------------------------|
| Acute febrile illness caused by any infection | May not work—Refer to Stay Home/Return to Work Guidelines https://www.occupationalhealthprogram.ucsf.edu/ (document is located in the middle column of web site, bottom of page) | Until afebrile for 24 hours and other symptoms significantly improved. | yes |
| Conjunctivitis | May not work | Until discharge ceases | yes |
| Coxsackievirus (enteroviral) | May not work | Until 7 days post-onset of symptoms and open wounds are healed. | yes |
| Cytomegalovirus | Only for acute illness | Until fever and other symptoms resolve | yes |
| Dermatitis of hands/forearms | May not work (hands-on patient care) | Until cleared by OHS | yes |
| Diarrhea: acute onset with other symptoms a. Patient care personnel b. Food handlers | a. May not work b. May not work | a. Until cleared by OHS b. Duration of illness (see Nutrition & Dietetics policy) | a. yes b. yes |
| Draining wounds: a. Hands, arms, face b. Other areas if covered by clothing | a. Remove from patient care or food handling b. May work | a. Until cleared by OHS b. Keep area well covered | a. yes b. no |
| Group A Strep Infection | May not work | 24 hours after treatment started and with symptom improvement | no |
| Hepatitis A | May not work | From diagnosis until 7 days after onset of jaundice | yes |
| Hepatitis B: a. Acute b. Chronic active/carrier | a. OHS evaluation & counseling b. OHS counseling is available | a. Per evaluation by OHS b. N/A | a. yes b. no |
| Hepatitis C: a. Acute | a. OHS evaluation & counseling | a. Per evaluation by OHS | a. yes |

HOSPITAL EPIDEMIOLOGY AND INFECTION CONTROL:
**TABLE OF ILLNESSES/INFECTIONS AND
RELATED WORK RESTRICTIONS**
(UNIT SPECIFIC POLICIES SUPERSEDE THIS TABLE)

[Key: OHS = Occupational Health Services, N/A = Not Applicable]

| <i>Illness/Infection</i> | <i>Work Restriction</i> | <i>Duration</i> | <i>OHS Return to Work Required</i> |
|---|--|--|---|
| b. Chronic active/carrier | b. OHS counseling is available | b. N/A | b. no |
| Herpes simplex: a. Genital b. Hands (whitlow) c. Facial | a. Good hand hygiene b. No direct patient care (<1 year children with eczema/burns, immunocompromised patients of any age) c. Mask for direct patient care | a. N/A b. Until lesions dry and crusted c. While lesions are draining | a. no b. yes c. no |
| HIV/AIDS related infections | None unless otherwise noted in this table. Confidential counseling available through OHS and (Dentistry) Dean's Advisory Committee on Health and Safety | N/A | no |
| Measles: a. active b. exposure in susceptible host or status unknown (pending titer) | a. May not work b. May not work | a. Until 4 days after rash appears and afebrile b. From day 5 through day 21 after exposure regardless of whether Immune Globulin or vaccine given postexposure | a. yes b. yes |
| Mumps: a. active b. postexposure in susceptible host | a. May not work b. May not work | a. Until 9 days after onset of parotitis b. From day 12 through day 25 after exposure | a. yes b. yes |
| Pertussis: a. active b. postexposure & symptomatic c. postexposure, asymptomatic | a. May not work b. May not work c. May work | a. From beginning of cold/flu symptoms until 5 days after start of appropriate antibiotics b. Until completion of 5 days of appropriate antibiotics c. Unless symptoms develop | a. yes b. yes c. no |
| Rash | May not work until medical evaluation | Depends on cause of rash | yes |
| Rubella: a. active | a. May not work | a. Until 7 days after rash appears | a. yes |

HOSPITAL EPIDEMIOLOGY AND INFECTION CONTROL:
**TABLE OF ILLNESSES/INFECTIONS AND
RELATED WORK RESTRICTIONS**
(UNIT SPECIFIC POLICIES SUPERSEDE THIS TABLE)

[Key: OHS = Occupational Health Services, N/A = Not Applicable]

| <i>Illness/Infection</i> | <i>Work Restriction</i> | <i>Duration</i> | <i>OHS Return to Work Required</i> |
|---|---|---|------------------------------------|
| b. postexposure in susceptible host | b. May not work | b. From day 14 through day 21 after exposure | b. yes |
| Scabies/lice (see section 8.3) | May not work | 24 hours after appropriate treatment | yes |
| Respiratory infection (cold/flu, pneumonia, bronchitis, persistent cough) | May not work if febrile or with acute symptoms of infection. | Until afebrile for 24 hours and symptoms significantly improved. | no |
| Varicella: a. chickenpox/disseminated zoster | a. May not work | a. Until lesions are dry and crusted | a. yes |
| b. postexposure in susceptible host | b. May work after counseling by OHS. Must sign agreement to self-monitor for rash and fever | b. Must not work if febrile or rash appears, then off until lesions dry and crusted | b. yes |
| c. post vaccine with rash and/or fever | c. May not work | c. Must not work if febrile or rash appears, then off until lesions dry and crusted | c. yes |
| d. zoster/shingles: 1) face & forearms 2) chest, back, abdomen, or legs | d. 1) May not work 2) May work if lesions covered | d. 1) Until lesions are dry and crusted 2) N/A | d. 1) yes 2) yes |
| Infected or colonized with any organism that has been associated with recent horizontal transmission at UCSF. | May not work or may be restricted from direct patient care and other duties | Until treated <u>and</u> pathogen is eradicated | no |

Last Revised 7/02, 1/04, 4/04, 3/11

2016 Review Team: **OHS:** B. Kosnik **HEIC:** A. Nichols, L Ramirez

This guideline is intended for use by UCSF Medical Center staff and personnel and no representations or warranties are made for outside use. Not for outside production or publication without permission. Direct inquiries to the Office of Origin or Medical Center Administration at (415) 353-2733.