

# CONTACT ISOLATION

Visitors ~ See Nurse before entering



Entry/Exit:



**OR**



Clean Hands ~ Gown & Gloves for ALL entries

UCSF Medical Center

UCSF Benioff Children's Hospitals

## PATIENTS in CONTACT ISOLATION

- Place in a private room unless a shared space has been approved by Infection Control
- May leave room after cleaning hands and putting on a clean hospital gown
- Are not allowed in communal spaces (playroom, school room, solarium etc.) but may ambulate in hallways if continent, cooperative and clean.

## STAFF Caring for Patients in CONTACT ISOLATION

### PROCEDURES

- Wash hands with **alcohol based hand rub (ABHR) or soap and water** on entry
- Put on a gown and gloves before entering the room
- Remove and discard gloves and gown
- Clean hands with **alcohol based hand rub (ABHR) or soap and water** before leaving the patient's room. If patient is in semi-private room or multi-bed bay situation, clean hands with **alcohol based hand rub (ABHR) or soap and water** before leaving the patient's direct area.

### WORKFLOW

- Place the following supplies outside the patient's room: GOWNS, GLOVES, THIS SIGN
- Use dedicated disposable equipment (e.g. stethoscope, blood pressure cuff, thermometer, etc.) when possible. If personal stethoscope is used, wipe with Sani-Cloth upon completion of examination

### VISITORS

- VISITORS are **not** required to wear gowns/gloves **unless they visit other patients OR are visiting a patient with CRE (see \* below)**
- Instruct VISITORS to clean their hands before entering and before exiting the patient's room

## GENERAL INDICATIONS for CONTACT ISOLATION

- Drainage (abscess, cellulitis, ulcer, burn or wound) not contained adequately by dressing or not dressed
- Impetigo or rash of unknown etiology

## COMMON SPECIFIC INDICATIONS for CONTACT ISOLATION

- |   |                           |                   |
|---|---------------------------|-------------------|
| • Adenovirus or RSV (with Droplet Precautions for respiratory infections in infants and young children) | • Rotavirus               | • Lice            |
| • *Carbapenem intermediate or resistant Enterobacteriaceae (CRE)  | • Linezolid-resistant VRE | • Scabies         |
| • Enterovirus (infants and young children)  |                           | • HSV in neonates |

**For additional information, refer to “Standard and Transmission-based Precautions Policy” and “Isolation Precautions Table” at <http://infectioncontrol.ucsfmedicalcenter.org> or page the Infection Control Practitioner on call at 415.806.0269.**