



Gel In Gel Out
Clean Hands Save Lives

UCSF Medical Center

UCSF Benioff Children's Hospital

Hand Hygiene Volunteers/Child Life

**Hospital Epidemiology &
Infection Control**

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Hands Full Procedure

September 2010



Delivering Equipment to the Patient (newspapers, mail, laptops, toys etc)

Remember Hand Hygiene!

1. Clean your hands
2. Pick up the item to be delivered
3. Knock on the door and introduce yourself
4. Walk in give the item to the patient or place the item on the table
5. As you walk out of the patient's room clean your hands
6. Pick up the item and repeat from #2 - #6



Clean your Hands



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Pick up the item to be delivered



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Knock on the door and introduce yourself.



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Make Your Delivery...



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As you walk out of the patient's room clean your hands



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Onto the next patient



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Pick up the next item and deliver to the patient



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The 30 second rule applies to you!

Remember Hand Hygiene!

Cleaning your hands coming out of a room (A) and going into another patient's room (B) is counted as a "yes" exiting room A and a "yes" entering room B

- **Do as directed by your supervisors and managers**
- **ALWAYS remember to clean your hands!**

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No Hand
Hygiene
needed
standing in the
threshold

DOOR SWEEP =
threshold

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HAND HYGIENE REQUIRED!
Stepped through the threshold

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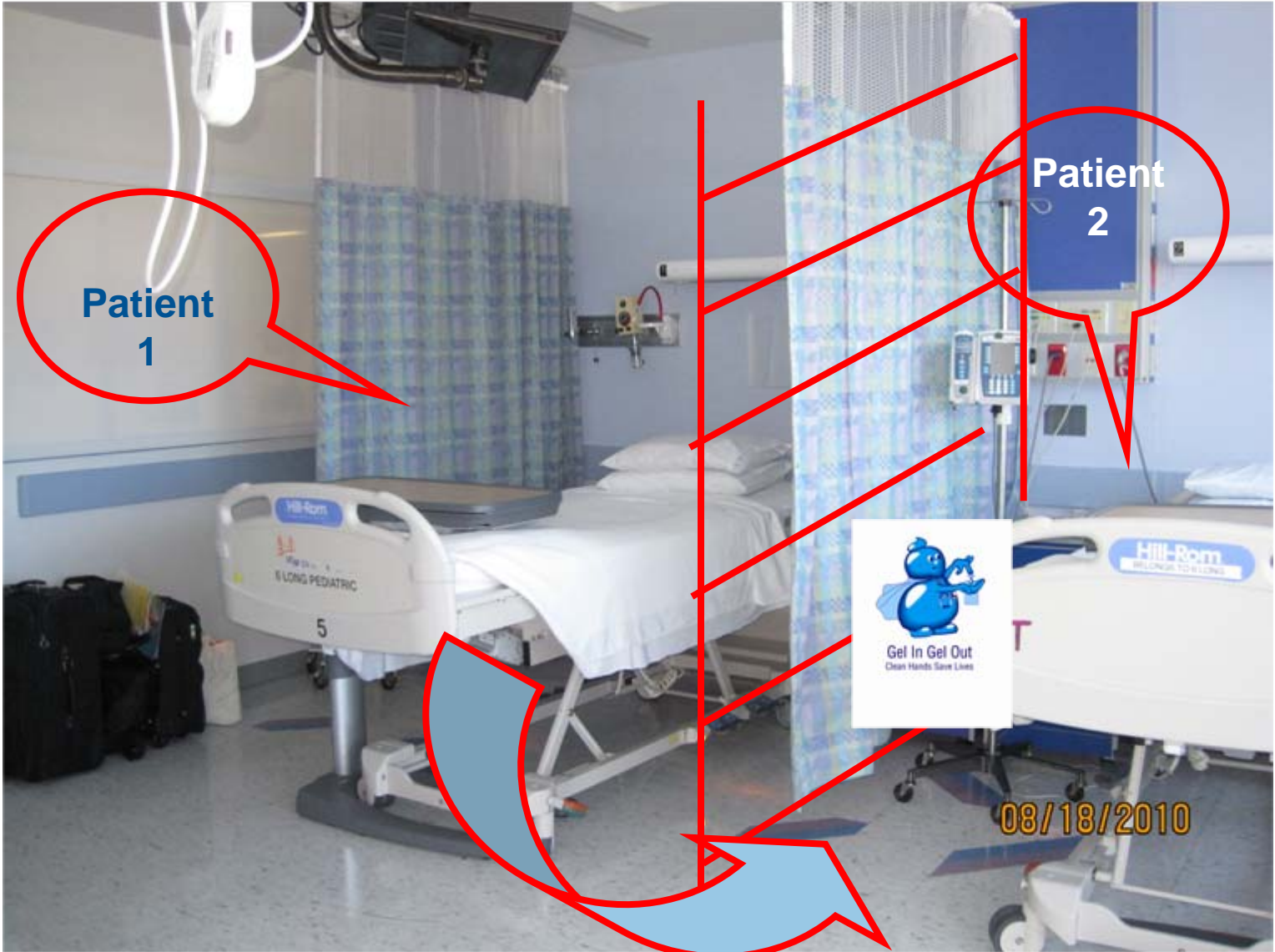
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Patient
1

Patient
2



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Gloves

Remember Hand Hygiene!

- **Gloves are not an alternative for hand hygiene**
- ***Do not go from patient room to patient room wearing the same pair of gloves.***
- **Wear gloves for one task only ~ remove the gloves and clean your hands!**

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A big thank you goes to.....



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