DONNING- SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE) NOVEL RESPIRATORY ISOLATION

Perform Donning in the Hallway, prior to entering the room.

1. **PERFORM HAND HYGIENE:**
   - Use hand sanitizer to clean hands

2. **N95 RESPIRATOR:**
   - Avoid touching inside of N95 except with clean hands
   - Secure elastic bands at middle of head and neck
   - Fit flexible band to nose bridge
   - Fit snug to face and below chin
   - Fit-check respirator

3. **GOWN:**
   - Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
   - Secure gown at back of neck AND waist

4. **EYE PROTECTION:**
   - Face Shield required
   - Place over face and adjust to fit, ensuring eye coverage

5. **HAND HYGIENE:**
   - Use hand sanitizer to clean hands

6. **GLOVES:**
   - Extend to cover wrist of isolation gown

**USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION**

- Keep hands away from face
- Limit surfaces touched
- Change gloves between patients and if torn or contaminated
- Perform hand hygiene

ADAPTED FROM:
### DOFFING - HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)

**NOVEL RESPIRATORY ISOLATION DURING UNIVERSAL MASKING (WASHABLE GOWNS)**

- Remove Gown and Gloves in the *patient room or anteroom*.
- Remove Face Shield and N95 in the *Hallway*. These steps also apply when doffing after N95 Extended Use.
- Safe removal of PPE is essential to preventing contamination of clothing, skin, or mucous membranes with potentially infectious materials. External surfaces of PPE are considered contaminated. Handle with care and clean hands if contaminated.

**Remove PPE in the following sequence:**

1. **In Room/Anteroom:** REMOVE GLOVES:
   - With a gloved hand, grasp the palm area of the opposite glove, peel off first glove, and hold removed glove in gloved hand
   - Slide fingers of un gloved hand under remaining glove at wrist and peel off second glove over first glove
   - Discard gloves in a waste container
   - Use hand sanitizer to clean hands before continuing

2. **In Room/Anteroom:** REMOVE GOWN:
   - Unfasten gown, ensuring sleeves don’t contact body
   - Grasp inside of gown at neck and shoulders and pull down and away, turning gown inside out
   - Fold or roll into a bundle and place in soiled linen receptacle

3. **In Room/Anteroom:** HAND HYGIENE:
   - Use hand sanitizer to clean hands
   - Don clean gloves for removal and cleaning of face shield (gloves not required if discarding face shield)

4. **In Hall:** REMOVE FACE SHIELD:
   - Remove face shield by grasping at the back and lifting headband upward, avoiding contact with front of face shield
   - Using an approved disinfectant, wipe external surfaces of face shield and place on a clean surface to dry
   - An alcohol wipe can be used to remove residue, if needed
   - Discard face shield if damaged or visibility is obscured
   - Remove gloves per Step 1 (if applicable) and clean hands

5. **In Hall:** REMOVE N95:
   - Extended use is permitted for clean, uncontaminated N95s if fit is maintained and worn <12 hours; if N95 is removed it must be discarded
   - Grasp bottom elastic of N95, then grasp top elastic, and pull upward off head, avoiding contact with front of N95

6. **In Hall:** DON UNIVERSAL MASK:
   - Wash hands or use alcohol-based hand sanitizer
   - Don new, well-fitting mask

Follow “Personal Protective Equipment Extended Use Guidance” and Discard When Appropriate