DONNING- SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

Perform Donning in the Hallway, prior to entering the Patient room or Anteroom.

1. **HAND HYGIENE:**
   - Use hand sanitizer to clean hands

2. **GOWN:**
   - NOTE: If wearing PAPR, belt and battery pack should be donned first, under gown. After donning gown, don helmet prior to fastening gown.
   - Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
   - Fasten ties at back of gown

3. **N95 MASK OR RESPIRATOR:**
   - Secure elastic bands at middle of head and neck
   - Fit flexible band to nose bridge
   - Fit snug to face and below chin
   - Fit-check respirator
   - See NOTE above for PAPR sequence

4. **EYE PROTECTION (GOGGLES OR FACE SHIELD):**
   - Place over face and eyes and adjust to fit

5. **HAND HYGIENE:**
   - Use hand sanitizer to clean hands

6. **GLOVES:**
   - Extend to cover wrist of isolation gown

USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene

ADAPTED FROM:
**DOFFING - HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)**

- Safe removal of PPE is essential to preventing contamination of clothing, skin, or mucous membranes with potentially infectious materials
- Remove Gown and Gloves in the **Patient Room**. Remove Eye Protection and Mask/Respirator in the **Hallway**.

**Remove PPE in the following sequence:**

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
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<tbody>
<tr>
<td>1.</td>
<td><strong>GOWN AND GLOVES:</strong>&lt;br&gt;• Consider gown front and sleeves and the outside of gloves contaminated&lt;br&gt;• If your hands get contaminated during gown or glove removal, immediately clean hands&lt;br&gt;• Grasp gown in front and pull away from your body so that the ties break, touching outside of gown only with gloved hands&lt;br&gt;• While removing the gown, fold or roll the gown inside-out into a small, tidy bundle&lt;br&gt;• As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands&lt;br&gt;• Place the gown and gloves into a waste container</td>
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<tr>
<td>2.</td>
<td><strong>HAND HYGIENE:</strong>&lt;br&gt;• Use hand sanitizer to clean hands prior to removing remaining PPE</td>
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<tr>
<td>3.</td>
<td><strong>EYE PROTECTION (GOGGLES OR FACE SHIELD):</strong>&lt;br&gt;• Consider outside of goggles or face shield contaminated&lt;br&gt;• Remove goggles or face shield by grasping at the back and lifting headband upward, avoiding contact with front of the goggles or face shield&lt;br&gt;• Discard in a waste container</td>
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<tr>
<td>4.</td>
<td><strong>HAND HYGIENE:</strong>&lt;br&gt;• Use hand sanitizer to clean hands prior to removing remaining PPE</td>
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<td>5.</td>
<td><strong>MASK OR RESPIRATOR:</strong>&lt;br&gt;• Consider outside of mask/respirator contaminated&lt;br&gt;• If your hands get contaminated during mask/respirator removal, immediately clean hands&lt;br&gt;• Grasp/unfasten bottom ties or elastics of mask/respirator, then then top ones, and pull upward off head, avoiding contact with front&lt;br&gt;• Discard in a waste container&lt;br&gt;• If wearing PAPR, follow proper doffing procedure and disinfect helmet after removal.</td>
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| 6. | **CLEAN HANDS:**<br>• WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING PPE

**Perform hand hygiene between steps if hands become contaminated and immediately after removing all PPE.**