

**NOVEL CORONAVIRUS (COVID-19)**  
**UCSF CONTINUE TO WORK - RETURN TO WORK GUIDELINES FOR STAFF [\(1\)](#)**  
**Effective May 12, 2022**

**05/12/2022–Changes made**

- Critical Staffing Guidance (pg.6)
  - Up-to-date Vaccinated employees/learners with:
    - High Risk Exposures who are asymptomatic can return to work immediately WITH a Color test pending.(pg. 6-7)
    - Employees with COVID-19 Positive can return to work **after 5 days** with a negative Rapid Antigen Test administered by UCSF (pg. 9)

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home? <i>Additional actions</i>	When Can I Return to Work? <i>Complete Symptom Resolution required for staff working on *High Risk Units<sup>2</sup></i>
+Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p><b>1. In the past 10 days, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</b></p> <ul style="list-style-type: none"> <li>• Fever, chills, or shivering/shakes (<math>\geq 37.8^{\circ}\text{C} / 100^{\circ}\text{F}</math>)</li> <li>• Cough</li> <li>• Sore throat</li> <li>• Runny or congested nose (not related to allergies)</li> <li>• Difficulty breathing or shortness of breath</li> <li>• Unexplained muscle aches</li> <li>• Feeling unusually weak or fatigued</li> <li>• Loss of sense of smell or taste</li> <li>• Diarrhea (defined as <math>\geq 3</math> stools in 24 hrs.)</li> <li>• Eye redness +/- discharge (“pink eye,” not related to allergies)</li> </ul>	<p><b>No, stay at home</b></p> <ul style="list-style-type: none"> <li>• Consult with your medical provider as needed or if symptom worsens</li> <li>• To be cleared by the Daily Health Screener, see far right column.</li> </ul>	<p><b>YES, stay at home</b></p> <ul style="list-style-type: none"> <li>• Consult with your medical provider as needed or if symptom worsens</li> <li>• <b><u>Please use Daily Screener for guidance</u></b></li> </ul>	<p><b>Return to Work Clearance after receiving a negative COVID-19 test can be done by <u>Retaking the Daily Health Screener and attesting to the specific conditions (see below)</u></b></p> <p><b>If COVID-negative AND symptom-free &gt;24 hours:</b> You are cleared to work onsite if you meet ALL the following criteria:</p> <ul style="list-style-type: none"> <li>• Fever-free for 24 hours without use of a fever-reducing medication</li> <li>• Diarrhea-free for 48 hrs. (when not part of a pre-existing condition)</li> <li>• Symptoms have greatly improved, OR I work in a high-risk unit (Mission Bay: C3 ICN, C6BMT, C6 Heme/Onc, Birth Center and Parnassus 11 and 12 Long) and my symptoms ARE GONE.</li> <li>• You have communicated with your supervisor about your negative result and meeting criteria above</li> </ul> <p><b>If COVID-negative AND lingering symptoms:</b></p> <ul style="list-style-type: none"> <li>• You’ve consulted with your medical provider to consider additional treatment or alternative diagnoses</li> <li>• Take the Daily Health Screener for Return-to-Work Clearance (If you failed the screener when completing the RTW portion, Call the COVID Hotline (415-514-7328))</li> </ul> <p><b>If COVID-positive:</b> Take the Daily Health Screener and report that you tested positive to COVID-19. You will receive instruction on testing and when you need to contact the COVID Hotline.</p> <p><b>*For Isolated Runny Nose</b>, if you work on a High Risk Unit<sup>2</sup>, a respiratory virus panel will be performed.</p> <ul style="list-style-type: none"> <li>• <b>If COVID-negative but positive for any other respiratory viruses:</b> Do not return to High-Risk Unit for work until symptoms are resolved at <math>\geq 3</math> days since Runny Nose onset</li> <li>• <b>If COVID-negative and negative for all other respiratory viruses:</b> Return to work after <math>\geq 3</math> days since Runny Nose onset with symptom monitoring; if ANY symptoms arise, notify manager, go/stay home, and call the Hotline (415.514.7328) for further review</li> </ul>

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p><b>2. In the past 10 days, have you returned from travel outside the U.S.?</b></p> <p><i>SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC <a href="#">International Travel During COVID-19</a></i></p> <p><i>All New Hires to UCSF, please refer to additional UCSF travel guidance found here: <a href="#">UCSF Travel Guidance</a></i></p> <p><i>More information about COVID-19 risk in different countries can be found at CDC and WHO websites.<sup>3</sup></i></p>	<p><b>Possibly, see below for details.</b></p> <p><b>Before Returning to the U.S.</b> The Centers for Disease Control and Prevention (CDC) requires all air passengers entering the United States (including U.S. citizens and legal permanent residents) to present one of the following:</p> <ul style="list-style-type: none"> <li>• A negative COVID-19 test taken no more than 1 day before departure flight to the U.S.; or</li> <li>• Proof of COVID-19 infection within the last 90 days.</li> </ul> <p><b>Up-to-date<sup>8</sup> vaccination status:</b></p> <ul style="list-style-type: none"> <li>• You can return to work after following the criteria below:</li> <li>• Pre travel test: No more than 1 day before departure flight to the US to comply with CDC/US government policy – Send COVID results to covidohsmz@ucsf.edu</li> <li>• 1<sup>st</sup> Post travel Test: within 24 hours of entering a UCSF facility; UCSF approved tests only – Send COVID results to covidohsmz@ucsf.edu</li> <li>• 2<sup>nd</sup> post travel Test: 3-5 days after 1st post travel test. UCSF approved tests only – Send COVID results to <a href="mailto:covidohsmz@ucsf.edu">covidohsmz@ucsf.edu</a></li> <li>• Monitor symptoms for 14 days after return.</li> </ul> <p>(Cont. on page 4)</p>	<p><b>Do I Need to Stay at Home?</b></p> <ul style="list-style-type: none"> <li>• <b>NO, if you are up-to-date<sup>8</sup> with your vaccination</b> you can work but must test for COVID-19 within 24 hours of entering UCSF Facility.</li> <li>• <b>YES, if you are NOT up-to-date<sup>8</sup> with your vaccination, stay at home until you have obtained COVID Response Team</b> clearance to return to work.</li> <li>• Outside of work, follow post-travel (home) quarantine guidance.</li> <li>• Call the COVID Hotline (415.514.7328) for return-to-work clearance.</li> <li>• Self-monitor<sup>5</sup> for 14 days, beginning on the first day back in the US.</li> <li>• Home Isolation instructions<sup>6</sup></li> </ul>	<p><b>The UCSF Daily Health Screener will provide instructions and testing options, including self-scheduling option.</b></p> <ul style="list-style-type: none"> <li>• <b>If you are up-to-date<sup>8</sup> with your vaccination, you do not need to quarantine, but you should monitor symptoms for 14 days after return</b>, and you should obtain a COVID-19 test through Color, within 24 hours of entering UCSF facility, and test again 3-5 days later. If you have an immunocompromising medical condition, consult with your doctor about the timing for return to work.</li> <li>• <b>If Asymptomatic and within 90 days of recent COVID infection, you do not need to retest to return to work.</b></li> <li>• <b>If you are NOT up-to-date<sup>8</sup> with your vaccination: COVID Response Team Interview and CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. General principles listed below.</b></li> <li>• If you returned from travel and develop COVID 19 Symptoms (listed in #1 above), complete the Daily Health Screener for testing instructions or call the COVID Hotline (415.514.7328) for testing and further evaluation</li> <li>• Self-monitor<sup>5</sup> for symptoms for total of 14 days</li> <li>• Home Isolation instructions<sup>6</sup></li> <li>• Consult with your medical provider as needed or if symptom worsens</li> <li>• Call the COVID Hotline (415.514.7328) for return-to-work clearance</li> </ul>

**NOT up-to-date<sup>8</sup> vaccination status:**

- **COVID RESPONSE TEAM INTERVIEW/CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.**  
Only employees/students required to work onsite immediately after return from travel, and who have not engaged in high-risk COVID activities during travel, will be permitted to return to work based on the outcome of their interview with the COVID Response Team
- Monitor symptoms for 14 days after return.

**NOT up-to-date<sup>8</sup> vaccination status OR EXEMPT**  
NOT Up to date or exempt employees and students returning to onsite work after > 1 week will require a COVID test completed and resulted within 72 hrs. before their first shift back.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p><b>3. *Have you traveled greater than 100 miles from your home?</b>  <i>*Commuters in private vehicles are exempted</i></p> <p><i>For information regarding UCSF Sponsored Travel, please review UCSF travel guidance : <a href="https://coronavirus.ucsf.edu/travel#bayarea">https://coronavirus.ucsf.edu/travel#bayarea</a></i></p> <p><b>UCSF testing page:</b>  <a href="https://coronavirus.ucsf.edu/testing#travel">https://coronavirus.ucsf.edu/testing#travel</a></p>	<p><b>Possibly, see below for details.</b></p> <p>If you are up-to-date with COVID-19 vaccination status, you can return to work if you are asymptomatic and with no known exposure to COVID positive person. See “When Can I Return to Work” column for specific testing requirements.</p>	<ul style="list-style-type: none"> <li>Stay at home if you have symptoms listed in #1, and call the COVID Hotline (415.514.7328) for testing and evaluation</li> <li><b>Report to Daily Screener</b> if you had an exposure during travel or any of the following: <ol style="list-style-type: none"> <li>Have had close contact with a confirmed COVID-19 Person for &gt;60 minutes – this includes Carpooling, intimate contact (e.g., dancing, kissing, sharing bed).</li> <li>Cumulative time of &gt;24 hours to a confirmed COVID-19 Person</li> </ol> </li> </ul>	<p><b>The UCSF Daily Health Screener will provide instructions.</b></p> <p><b>UP-TO-DATE<sup>(8)</sup> WITH VACCINATION</b>  <b>UCSF Sponsored Travel or other large meetings</b> (See <a href="#">Travel Website</a>): If you are returning from UCSF-sponsored travel, you are required to: <ul style="list-style-type: none"> <li>Complete a Color or PCR test on your first day back onsite,</li> <li>And test again 3-5 days later.</li> <li>You should also monitor symptoms for 14 days after return.</li> <li>If Asymptomatic and within 90 days of recent COVID infection, you do not need to retest to return to work.</li> </ul> </p> <p><b>ALL OTHER DOMESTIC TRAVELERS</b>  Testing is <b>Strongly Recommended</b> (<i>follow the same instructions as UCSF-sponsored travel above</i>). If you are up-to-date with vaccination, asymptomatic and NOT within 90 days of recent COVID infection.</p> <p><b>NOT UP-TO-DATE<sup>(8)</sup> WITH YOUR VACCINATION</b>, you should follow the same instructions as UCSF-sponsored travel above, and <b>continue with NPI testing schedule.</b></p> <p><b>In addition</b></p> <ul style="list-style-type: none"> <li>If you have an immunocompromising medical condition, consult with your doctor about the timing for return to work.</li> <li>If you returned from travel and develop symptoms of COVID-19 (listed in #1 above), complete the <a href="#">Daily Health Screener</a> or call the COVID Hotline (415.514.7328) for testing further evaluation, and clearance</li> <li>Self-monitor<sup>5</sup> for symptoms for total of 14 days</li> <li>Home Isolation instructions<sup>6</sup></li> <li>Consult with your medical provider as needed or if symptom worsens</li> </ul>

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p><b>4. In the past 10 days, have you had unprotected, prolonged close contact<sup>4</sup> (or Aerosol Generating Procedure (AGP) of any duration) with someone with confirmed/diagnosed COVID-19?</b></p> <p>Unprotected<sup>4</sup> includes:</p> <ul style="list-style-type: none"> <li>• The exposed Individual not wearing an approved facemask or covering</li> <li>• The exposed Individual wearing a mask but not wearing eye protection, if the person with COVID-19 was not wearing a cloth face covering or facemask</li> <li>• The exposed individual not wearing all recommended PPE while performing aerosol-generating procedure for any time- period of exposure</li> </ul> <p>Recommendation – The exposed individual had an on-going exposure, not wearing all recommended PPE while an aerosol-generating procedure was in progress</p> <p>Prolonged, close contact defined as within 6 feet for 15 mins or longer.</p>	<p><b>[Critical staffing effective May 5, 2022]</b></p> <p><b>YES, if you complete the UCSF Daily Health Screener and attest to conditions for continuation/return to work.</b></p> <p>If you develop symptoms, immediately cease patient care or other work activities, notify supervisor, go home, retake the daily screener</p> <p><b><u>AEROSOL-GENERATING PROCEDURE (AGP)</u></b></p> <p><b>Up to date Vaccinated person <sup>(8)</sup> CLEARANCE FROM THE UCSF Daily Health Screener IS REQUIRED:</b></p> <ul style="list-style-type: none"> <li>• Single, Brief Exposure: Return to work if asymptomatic and adhere to testing guidance.</li> <li>• On-Going/Prolonged Exposure: Return to work if asymptomatic with testing protocol (see High Risk Exposure Module in Daily Health Screener)</li> </ul> <p><b>NOT up-to-date Vaccinated person <sup>(8)</sup> AGP exposure</b></p> <ul style="list-style-type: none"> <li>• <b>CLEARANCE FROM THE COVID RESPONSE TEAM IS REQUIRED</b></li> </ul> <p>(Cont. on page 7)</p>	<p><b>[Critical staffing effective May 5, 2022]</b></p> <p>Not usually. <b><u>Please use Daily Health Screener for guidance.</u></b></p>	<p><b>[Critical staffing effective May 5, 2022]</b></p> <p><b>CONDITIONS FOR CONTINUING OR RETURNING TO WORK ARE BASED ON COVID-19 EXPOSURE RISK ASSESSMENT. THE DAILY HEALTH SCREENER WILL PROVIDE CONTINUATION AND RETURN TO WORK GUIDANCE.</b></p> <p><b>CRITICAL STAFFING GUIDANCE:</b></p> <p><b>Up-to-Date Vaccinated persons <sup>(8)</sup> with High Risk ongoing COVID -19 exposure</b> who are asymptomatic and not immunocompromised may return to work with a COVID test pending at the time they return to campus/hospital, and attest to a daily testing protocol in the <a href="#">Daily Health Screener</a> for the High-Risk ongoing Exposure types listed below:</p> <p><b>High Risk ongoing exposure types:</b></p> <ul style="list-style-type: none"> <li>• The COVID-infected person is a household member of yours</li> <li>• You carpoled (masked or unmasked) with a COVID-infected person for &gt; 60 minutes</li> <li>• Your cumulative time of unmasked, close contact (&lt; 6 ft) with a COVID-infected person(s) is &gt;24 hours</li> <li>• You have had intimate contact with a COVID-infected person (e.g. kissing, dancing, sharing bed) of any duration</li> <li>• You have had an aerosol-generation procedure (AGP) exposure to a COVID-infected person in the absence of full PPE (N-95 respirator + eye protection + gown/gloves)</li> </ul> <p><b>TESTING PROTOCOL:</b></p> <ul style="list-style-type: none"> <li>• Return to campus or onsite work and submit Color test before or shortly after arriving. May work while test result pending</li> <li>• Test daily for 5 days following initial exposure when onsite</li> <li>• Then one additional test at day 7-9 following initial exposure</li> <li>• Symptom monitor for 14 days from initial exposure</li> </ul> <p><b>Up-to-Date Vaccinated persons <sup>(8)</sup> with single High Risk COVID -19 exposure</b> who are asymptomatic and without immunocompromised<sup>7c</sup> conditions may continue to work but will need to follow the testing protocol below and complete an attestation in the <a href="#">Daily Health Screener</a>.</p>

			<p><b>TESTING PROTOCOL:</b></p> <ul style="list-style-type: none"> <li>Persons with single high-risk exposures must complete COVID testing on Day 3-5 and Day 7-9 after initial exposure. They can work with initial test pending</li> </ul> <p><b>Unvaccinated or NOT Up-to-Date Vaccinated persons <sup>(8)</sup> with COVID-19 High Risk Exposures</b> who are asymptomatic and not immunocompromised may return to work with a negative COVID test result prior to the first day onsite, and attest to completing daily test between days 5-10 following initial exposure in the <a href="#">Daily Health Screener</a>. For situations with ongoing COVID-19 exposure in the household, the COVID Response Team will determine the need for continued surveillance testing.</p> <p><b>Acceptable Tests if outside UCSF</b></p> <ul style="list-style-type: none"> <li>Reverse-transcriptase PCR (RT-PCR) PCR</li> <li>Nucleic acid amplification (NAAT) excludes Abbott ID Now</li> <li>Transcription-mediated amplification (TMA)</li> <li>Loop-mediated amplification (LAMP) – i.e., UCSF Color test</li> </ul> <p><b>SYMPTOM MONITORING</b> All persons must complete symptom monitoring for 14-days.</p>
Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p><b>5. Do you live with someone (Household member) who is waiting for COVID test results* due to COVID type symptoms?</b></p> <p><i>*If household member has COVID compatible symptoms and does not test for COVID, See the last column for guidance</i></p>	<p>Possibly, see below for details</p> <p><b>Up to date Vaccinated person Can return to work if asymptomatic</b></p> <p><b>NOT Up-to-date Vaccinated person, should Complete the Daily Health Screener for guidance</b></p> <p>(Cont. on page 8)</p>	<p><b>Regardless of vaccination status, you may continue to work, and call Covid Response Team for final clearance.</b></p>	<p>If household member’s result returns <b>NEGATIVE</b> for COVID-19, you may return to work.</p> <p>If household member’s result returns <b>POSITIVE</b> for COVID-19, Call the COVID Hotline (415.514.7328) for assessment and further instructions. See further details under #7 above.</p> <p><b>If you are up-to-date<sup>8</sup> with your vaccination and your household member <u>DECLINES TESTING</u>:</b></p> <ul style="list-style-type: none"> <li>Continue/return to work if asymptomatic</li> <li>Employee COVID testing on day 3-5 and day 7-9</li> <li>Symptom monitor for 14 days after initial exposure</li> <li>COVID Response Team will facilitate testing for household member(s) if needed.</li> </ul> <p><b>If you are up-to-date<sup>8</sup> with your vaccination and your household member <u>HAS A TEST PENDING</u>:</b></p> <ul style="list-style-type: none"> <li>Continue/return to work if asymptomatic</li> </ul>

			<ul style="list-style-type: none"> <li>• If the test pending is not resulted within 5 days of symptoms onset, then Employee COVID test after day 5</li> <li>• Symptom monitor until test results</li> <li>• COVID Response Team will facilitate testing for household members if needed.</li> </ul> <p><b>If you are NOT up-to-date<sup>8</sup> with your vaccination and your household member <u>DECLINES TESTING</u>:</b> <b>AFTER INTERVIEWED BY THE COVID RESPONSE TEAM</b></p> <ul style="list-style-type: none"> <li>• Continue/return to work if asymptomatic</li> <li>• Employee COVID testing on day 3-5 and day 7-9, <b><i>then weekly with ongoing HH member exposure</i></b></li> <li>• Symptom monitor for 14 days after last exposure</li> </ul> <p><b>If you are NOT up-to-date<sup>8</sup> with your vaccination and your household member <u>HAS A TEST PENDING</u>:</b> <b>COVID RESPONSE TEAM INTERVIEW IS REQUIRED</b></p> <ul style="list-style-type: none"> <li>• Continue/return to work if asymptomatic</li> <li>• COVID Response Team will facilitate testing for household members If the test pending is not resulted within 5 days of symptoms onset, then test after day 5.</li> <li>• Symptom monitor until test results</li> </ul>
Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
6. Have you been diagnosed with COVID-19 infection in the past 20 days?	<p><b><u>NO</u>, YOU MAY NOT WORK UNTIL YOU RECEIVE AN EMAIL CLEARANCE LETTER FROM THE COVID RESPONSE TEAM.</b></p> <p>(Cont. on page 9)</p>	<p><b>YES, stay at home and inform your manager that you will not be going to work:</b></p> <ul style="list-style-type: none"> <li>• To report your COVID illness or positive test... <ul style="list-style-type: none"> <li>○ UCSF Employees: Complete Daily Health Screener or call COVID Hotline (415.514.7328) to report your COVID-positive illness and receive follow-up instructions.</li> <li>○ Students call SHCS at 415-476-8736</li> <li>○ BCH Oakland Enterprise Health at 510-428-3620</li> </ul> </li> <li>• Self-monitor<sup>5</sup></li> <li>• Home Isolation instructions<sup>6</sup></li> </ul>	<p><b>COVID RESPONSE TEAM CLEARANCE EMAIL LETTER IS REQUIRED BEFORE RETURNING TO WORK.</b></p> <p><b>Asymptomatic or Mild-Moderate Illness<sup>7a</sup></b></p> <ul style="list-style-type: none"> <li>• Return to work after <b>5 days</b> since positive test (if asymptomatic) or since first day of symptoms, if the following criteria are met: <ul style="list-style-type: none"> <li>○ UCSF administered rapid antigen test is negative</li> <li>○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND</li> <li>○ Symptoms are improving, AND</li> <li>○ No concurrent immunocompromising conditions (see #3 below)</li> </ul> </li> <li>• Return to work after <b>10 days</b> with no testing if other criteria above are met</li> </ul> <p><b>Severe or Critical Illness<sup>7b</sup></b></p>



		<ul style="list-style-type: none"> <li>• Limit travel outside of the home</li> <li>• Consult with your medical provider as needed or if symptoms worsen</li> </ul> <p>If you are hospitalized, please have a family member call to report on your behalf.</p>	<ul style="list-style-type: none"> <li>• Return to work after <b>20 days</b> since first day of symptoms, if the following criteria are met: <ul style="list-style-type: none"> <li>○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND</li> <li>○ Symptoms are improving</li> </ul> </li> </ul> <p><b>Immunocompromising Conditions <sup>Zc</sup></b></p> <ul style="list-style-type: none"> <li>○ Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below<sup>Zc</sup>.</li> <li>○ If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team.</li> </ul>
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<sup>(1)</sup> Staff includes all employees, faculty, temporary workers, trainees, volunteers, students, and staff who provide services to or work in UCSF patient care or clinical areas.

<sup>(2)</sup> UCSF High Risk Units or Areas

**1. Mission Bay: C3 ICN, C6 BMT, C6 Heme/Onc, and the Birth Center**

**2. Parnassus: Units 11L and 12L**

- Employees/Providers with symptoms or high-risk exposures cannot work in designated High-Risk Areas.
- Employees/Providers with duties across units/areas should arrange patient assignment/duties with their supervisor/attending physician to minimize direct contact with high-risk populations.
- **High Risk Populations:** defined as immunocompromised patients (*Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dose steroids, chemotherapy, biologics*)

<sup>(3)</sup> **CDC Travel Advisories Listed Here:** <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html#travel-1>

**WHO Weekly Epidemiological Update:** <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>

<sup>(4)</sup> **UCSF exposure definitions for testing & return to work decisions** [Click here](#) (Also accessible on [page 11](#) of this document)

<sup>(5)</sup> **Coronavirus Symptom Self-Monitoring:**

- Manual monitoring form can be found [Here](#)

<sup>(6)</sup> **Home Isolation Instructions** from CDC found [Here](#)

- <sup>(7a)</sup> **Mild Illness:** Individuals who have any of the various signs and symptoms of COVID 19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging. **Moderate:** Individuals who have evidence of lower respiratory disease by clinical assessment or imaging and a saturation of oxygen (SpO<sub>2</sub>) ≥94% on room air at sea level.
- <sup>(7b)</sup> **Severe Illness:** Anyone requiring hospitalization or supplemental O<sub>2</sub>. **Critical Illness:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction.
- <sup>(7c)</sup> **Immunocompromising conditions** may include (adapted from CDC guidance):
1. Receiving current chemotherapy for malignancy
  2. Having a hematologic malignancy that may be suppressing the immune system
  3. Untreated HIV infection and CD4 T lymphocyte count < 200
  4. Primary severe immunodeficiency disorder
  5. Solid organ or hematopoietic stem cell (bone marrow) transplant recipient
  6. Receipt of prednisone 20 mg/day or the equivalent for more than 14 days, or treatment with other high-risk immunosuppressive medications
  7. The determination of whether persons with these conditions should return to work at 10 vs. 20 days should be made by the person's health care provider.
- <sup>(8)</sup> **Up-to-date vaccination status is defined as meeting criteria in A or B:**
- A) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series > 5 months ago (or one-dose J&J > 2 months ago) and you have **RECEIVED** your booster.
  - B) **COMPLETED** an initial FDA- or WHO-approved two-dose vaccination series < 5 months ago (or one-dose J&J < 2 months ago), and > 14 days since you completed your vaccination series (i.e., **NOT YET** booster eligible).

**(4) UCSF EXPOSURE DEFINITIONS FOR TESTING & RETURN TO WORK DECISIONS**

**Infectious Period:**

COVID + Individual	Infectious Period Begins
Asymptomatic	48 hours before COVID positive test collection
Symptomatic	48 hours before date of symptom onset OR 48 hours before COVID positive test collection- whichever came first

Exposure Risk Level	Direct Contact with a COVID + individual during infectious period*	Length of time within 6 feet of COVID + individual	PPE of COVID + individual	PPE of employee
<b>No Exposure</b>	No	0-2 minutes of cumulative** contact at any proximity	Any or none	Any or none
<b>Minimal Risk Exposure</b>	Yes	3-14 minutes of cumulative** contact (please note: >15 minutes at >6 feet is also deemed minimal risk)	Any or none	Any or none
<b>Low Risk Exposure</b>	Yes	15 or more minutes of cumulative** contact	At least a face covering	At least a face covering
<b>Medium Risk Exposure</b>	Yes	15 or more minutes of cumulative** contact	None	At least a face covering
<b>Medium Risk Exposure</b>	Yes	15 or more minutes of cumulative** contact	At least a face covering	None
<b>High Risk Exposure: Non-Household Contact</b>	Yes	15 or more minutes of cumulative** contact	None	None
<b>High Risk Exposure: Household Contact</b>	Does not have to be direct contact, but more than 24 hours of time spent in the same household with person with confirmed COVID-19 during infectious period	Length of time is not relevant for household contacts- it is assumed to be ongoing given potential for droplet and surface exposures	Any or none	Any or none
<b>High Risk Exposure: Aerosol Generating Procedure</b>	Yes	Any length of time during the AGP or within 1 hour afterwards in non-OR setting at any proximity within the room/general vicinity.  Depending on air turnover, OR suites are either 15- or 30-minute conversions- HEIP can provide info to make this determination.	Any or none	Anything less than eye protection + N95 or PAPR

\*\*To determine cumulative contact time, add up the time during any periods that the employee and COVID+ individual were together during the infectious period. For example, if an employee is in a breakroom with a COVID+ individual two different days in a row, for 10 minutes each day, that would be 20 minutes of cumulative contact