**NOVEL CORONAVIRUS (COVID-19)**
**UCSF CONTINUE TO WORK - RETURN TO WORK GUIDELINES FOR STAFF**
(1)
Effective July 29, 2021

### Symptom/Exposure Review

1. In the past 24 hours, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?
   - Fever, chills, or shivering/shakes (≥ 37.8°C / 100°F)
   - Cough
   - Sore throat
   - Runny or congested nose (not related to allergies)
   - Difficulty breathing or shortness of breath
   - Unexplained muscle aches
   - Feeling unusually weak or fatigued
   - Loss of sense of smell or taste
   - Diarrhea (defined as ≥ 3 stools in 24 hrs.)
   - Eye redness +/- discharge (“pink eye,” not related to allergies)

### Can I Work Today?

NO

### Do I Need to Stay at Home?

YES, stay at home

- Consult with your medical provider as needed or if symptom worsens
- Call COVID Hotline (415.514.7328) for testing and evaluation

### When Can I Return to Work?

**Complete Symptom Resolution** required for staff working on *High Risk Units*

- **If COVID-negative:**
  - Must be fever-free for 24 hours without the use of a fever-reducing medication.
  - For symptoms other than fever, you may return-to-work if:
    - Symptoms are resolved or lingering symptoms are improving
    - You always wear a mask and you not working in High-Risk Units or Areas
  - Diarrhea-free for 48 hrs. (when not part of a pre-existing condition)
  - YOU’RE ABLE TO CLEAR VIA THE DAILY HEALTH SCREENER. YOUR PASS ACTS AS THE CLEARANCE EMAIL.

- **If COVID-positive:** follow guidance in #9
- **If COVID-untested:**
  - Check with COVID Hotline (415.514.7328)
  - 10-day quarantine since symptom onset is an acceptable alternative to COVID-19 testing. If immunocompromised, then 20-day quarantine required)

*For Isolated Runny Nose at Benioff Children’s Hospital, if you work on a High Risk Unit*, a respiratory virus panel will be performed.

- **If COVID-negative but positive for any other respiratory viruses:** Do not return to High-Risk Unit for work until symptoms are resolved at ≥ 3 days since Runny Nose onset
- **If COVID-negative and negative for all other respiratory viruses:** Return to work after ≥3 days since Runny Nose onset with symptom monitoring; if ANY symptoms arise, notify manager, go/stay home and call COVID hotline (415.514.7328) for further review
<table>
<thead>
<tr>
<th>Symptom/Exposure Review</th>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. In the past 14 days, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</td>
<td>No, stay at home</td>
<td>YES, stay at home</td>
<td>If COVID-negative AND symptom-free &gt;24 hours: You are cleared to work onsite if you meet ALL the following criteria:</td>
</tr>
<tr>
<td>• Fever, chills, or shivering/shakes (≥ 37.8°C / 100°F)</td>
<td>Consult with your medical provider as needed or if symptom worsens</td>
<td>Consult with your medical provider as needed or if symptom worsens</td>
<td>• Fever-free for 24 hours without use of a fever-reducing medication</td>
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<td>• Cough</td>
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<td>• Diarrhea-free for 48 hrs. (when not part of a pre-existing condition)</td>
</tr>
<tr>
<td>• Sore throat</td>
<td>If you receive a negative test result, see return-to-work criteria in last column</td>
<td>If you receive a negative test result, see return-to-work criteria in last column</td>
<td>• You have communicated with your supervisor about your negative result and meeting criteria above</td>
</tr>
<tr>
<td>• Runny or congested nose (not related to allergies)</td>
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<td></td>
<td>• YOU’RE ABLE TO CLEAR VIA THE DAILY HEALTH SCREENER. YOUR PASS ACTS AS THE CLEARANCE EMAIL.</td>
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<td>• Difficulty breathing or shortness of breath</td>
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<td>• Eye redness +/- discharge (“pink eye,” not related to allergies)</td>
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<tr>
<td>3. In the past 14 days, have you had new symptoms that you believe are due to allergies or another pre-existing condition?</td>
<td>YES, you can continue to work today.</td>
<td>NO, you may continue to work.</td>
<td>If COVID-negative: You may continue to work. No Clearance email is required from the COVID Response Team</td>
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<tr>
<td></td>
<td>If you are working onsite at UCSF location, testing is recommended but not required. Call the COVID Hotline (415.514.7328) for testing options.</td>
<td>Self-monitor^5 for 14 days</td>
<td>If COVID-positive: follow guidance in #9</td>
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<td>If COVID-untested: You may continue to work</td>
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<td></td>
<td>• Self-monitor^5 for 14 days</td>
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</tbody>
</table>

Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or Occupational Health COVID Response Team at 415-476-8000
### Symptom/Exposure Review

1. **Can I Work Today?**
   - Possibly, see below for details.

2. **Before Returning to the U.S.**
   - The Centers for Disease Control and Prevention (CDC) requires all air passengers entering the United States (including U.S. citizens and legal permanent residents) to present one of the following:
   1. A negative COVID-19 test taken 72 hours or less before boarding a flight to the U.S.; or
   2. Proof of COVID-19 infection within the last 90 days.

3. **For On-Site Workers**
   - A. **Fully-Vaccinated**: you do not need to quarantine, and you should obtain a COVID-19 test through Color 3-5 days after returning from travel. Monitor symptoms for 14 days after return.
   - B. **Essential Health Care Worker (Approved by UCSF) & Not Fully-Vaccinated**: COVID Response Team CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.
     - Test 3-5 days after travel. May return to work immediately but must home quarantine for 7 days when not at UCSF. Monitor symptoms for 14 days after return. (Cont. pg. 4)

### Do I Need to Stay at Home?**

- No, if you are fully-vaccinated or essential health care worker, you can work.
- **YES, if you are not fully-vaccinated**, stay at home until you have obtained COVID Response Team clearance to return to work.
- Outside of work, follow post-travel (home) quarantine guidance.
- Call COVID Hotline (415.514.7328) for return to work clearance.
- Self-monitor for 14 days, beginning on the first day back in the US.
- Home Isolation instructions

### When Can I Return to Work?**

- If you are fully-vaccinated, you do not need to quarantine, but you should monitor symptoms for 14 days after return, and you should obtain a COVID-19 test through Color, 3-5 days after returning from travel. If you have immunocompromised medical conditions, consult with your doctor about the timing for return to work.
- If you are not fully-vaccinated: COVID Response Team CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. General principles listed below.
  - If you returned from travel and develop symptoms of COVID-19 (listed in #1 above), call COVID Hotline (415.514.7328) for testing and further evaluation
  - Self-monitor for symptoms for total of 14 days
  - Home Isolation instructions
  - Consult with your medical provider as needed or if symptom worsens
  - Call COVID Hotline (415.514.7328) for return to work clearance
C. Workers not required to be on-site immediately after returning & Not Fully-Vaccinated:

COVID Response Team CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.

- **Option 1:** Test 3-5 days after travel and home quarantine 7 days if test negative. No entry to UCSF for 7 days. Monitor symptoms for 14 days after return.

- **Option 2:** Without test, no entry to UCSF for 10 days and home quarantine 10 days. Monitor symptoms for 14 days after return.
### Symptom/Exposure Review

**5. Have you traveled outside of California, but within the United States?**

**SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC Domestic Travel During COVID-19**

UCSF travel guidance found here: [https://coronavirus.ucsf.edu/travel#bayarea](https://coronavirus.ucsf.edu/travel#bayarea)

UCSF testing page: [https://coronavirus.ucsf.edu/testing#travel](https://coronavirus.ucsf.edu/testing#travel)

<table>
<thead>
<tr>
<th>Can I Work Today?</th>
<th>Do I Need to Stay at Home?</th>
<th>When Can I Return to Work?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>YES: FULLY VACCINATED</strong>&lt;sup&gt;9&lt;/sup&gt;: There is no quarantine or testing requirements. You will symptom monitor for 14 days.</td>
<td><strong>For FULLY VACCINATED employees and students at UCSF,</strong> there is no quarantine or testing requirement. You will symptom monitor for 14 days.</td>
<td><strong>For FULLY VACCINATED employees and students at UCSF,</strong> there is no quarantine or testing requirement. You will symptom monitor for 14 days.</td>
</tr>
<tr>
<td><strong>YES: For UNVACCINATED On-Site Workers at any UCSF locations:</strong> According to the California Department of Public Health (CDPH), all individuals returning to their California residence from domestic travel outside of California, should undergo a “travel quarantine” for a period of 10 days when not performing essential on-site work. If your job responsibilities require you to be on-site sooner than 10 days – including, but not limited to, frontline care workers; facilities, transportation, custodial, and administrative staff; environment, health and safety; laboratory animal research center; and police and security personnel – you can return to work after attesting via the daily Health Screen/Screener tool, that you are asymptomatic, and you will complete COVID-19 testing:</td>
<td><strong>Stay at home if you have symptoms listed in #1, and call COVID Hotline (415.514.7328) for testing and evaluation</strong></td>
<td>If UNVACCINATED and required on site sooner than 10 days after return from travel, you can return to work with testing protocol in place.</td>
</tr>
<tr>
<td><strong>A. Essential Health Care Worker (Approved by UCSF) &amp; Not Fully- Vaccinated</strong>&lt;sup&gt;9&lt;/sup&gt;: You may attest to the following protocol via the daily screener.</td>
<td><strong>Self-monitor</strong>&lt;sup&gt;3&lt;/sup&gt; for 14 days</td>
<td>If Unvaccinated, not testing and not required on site sooner than 10 days, complete 10-day travel quarantine.</td>
</tr>
<tr>
<td>• Test 3-5 days after travel. May return to work (Cont. on pg. 6)</td>
<td><strong>If you are UNVACCINATED and asymptomatic, “Travel quarantine” instructions for 10 days (if not testing at day 3-5):</strong> Remain in hotel or residence for 10 days, masking and staying 6 feet away from people with whom you did not travel, washing hands frequently, and only going out for essential activities like obtaining food, medical care, or individual outdoor exercise.</td>
<td>Call COVID Hotline (415.514.7328) if you develop symptoms.</td>
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<tr>
<td></td>
<td><strong>• Consult with your medical provider as needed or if symptoms worsen</strong></td>
<td>In all cases, self-monitor symptoms for 14 days regardless of when you return to work.</td>
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</table>
immediately, but must home quarantine for 7 days when not at UCSF. Monitor symptoms for 14 days after return.

B. **Workers not required to be on-site immediately after returning & Not Fully-Vaccinated**: You may choose either option below.

- **Option 1**: Test 3-5 days after travel and home quarantine 7 days if test negative. No entry to UCSF for 7 days. Monitor symptoms for 14 days after return.

- **Option 2**: Without test, no entry to UCSF for 10 days and home quarantine 10 days. Monitor symptoms for 14 days after return.
### Symptom/Exposure Review

#### 6. In the past 14 days, have you worked at a non-UCSF health care facility and participated in direct care or had close contact with patients diagnosed with COVID-19?

Definition: UCSF Health facilities include 1) Parnassus, Mission Bay/BCH-SF, BCHO, Mt. Zion inpatient hospitals, and 2) all UCSF Health Ambulatory sites (clinics and diagnostic/treatment departments).

At the present time, SF VA Medical Center (VAMC) and Zuckerburg SF General (ZSFG) are also considered equivalent to UCSF Health facilities.

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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</table>

### Can I Work Today?

**YES**, if you do not have any symptoms listed in #1, you may continue to work if you adhere to the following instructions:

- Complete a one-time web-based survey for each non-UCSF work environment (use Chrome or Firefox):
  [https://ucsf.co1.qualtrics.com/jfe/form/SV_862Clam03I9ENHD](https://ucsf.co1.qualtrics.com/jfe/form/SV_862Clam03I9ENHD)
- Consult with manager about assigned duties/patient assignment
- Practice meticulous hand hygiene
- If any symptoms listed in #1 arise, immediately cease patient care or other work activities, notify supervisor, go home, and call COVID Hotline (415.514.7328) for further review
- Guidance about home isolation and testing will be provided by the COVID Response Team case managers after reviewing your survey responses as it relates to your levels of PPE and COVID exposure.

**If you work in High Risk Area:**

**YES**, you may continue to work if you do not have any symptoms listed in #1, you confirm absence of medium or high-risk COVID-19 exposures during phone conversation with the COVID Response Team, and received clearance.

### Do I Need to Stay at Home?

**YES**, stay at home if you have symptoms in #1

- Call COVID Hotline (415.514.7328) for testing and evaluation
- Self-monitor⁵ for 14 days, or longer if you develop symptoms
- Home Isolation instructions⁶
- Consult with your medical provider as needed or if symptom worsens
- Call COVID Hotline (415.514.7328) for return to work clearance

### When Can I Return to Work?

If you returned and had symptoms in #1

- Call COVID Hotline (415.514.7328) for testing and evaluation
- Self-monitor⁵ for 14 days, or longer if you develop symptoms
- Home Isolation instructions⁶
- Consult with your medical provider as needed or if symptom worsens
- Call COVID Hotline (415.514.7328) for return to work clearance
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</table>
| In the past 14 days, have you had unprotected, prolonged close contact with someone with confirmed/diagnosed COVID-19? | NO ENTRY, UNLESS YOU HAVE COVID RESPONSE TEAM CLEARANCE EMAIL | Depends on Type of Exposure and Vaccination Status. Please use Daily Screener for instructions.  
- Self-monitor for at least 14 days since exposure  
- Home Isolation instructions | COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.  
Reference the “COVID-19 Exposure Return to Work table by Vaccination status” - on page 12-13 |

Unprotected includes:
- HCP not wearing a respirator or facemask
- HCP with mask but not wearing eye protection, if the person with COVID-19 was not wearing a cloth face covering or facemask
- HCP not wearing all recommended PPE while performing aerosol-generating procedure for any time-period of exposure

Prolonged, close contact defined as within 6 feet for 15 mins or longer.

Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or Occupational Health COVID Response Team at 415-476-8000
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<tr>
<td>8. Do you live with someone who is waiting for COVID test results* due to COVID type symptoms?</td>
<td>SEE THE “COVID-19 EXPOSURE RETURN TO WORK TABLE BY VACCINATION STATUS” ON PAGE 12-13 FOR REFERENCE</td>
<td>If you are fully vaccinated*, call COVID Hotline for RTW clearance (415.514.7328) &lt;br&gt; If you are not fully vaccinated stay home until household member receives negative result &lt;br&gt; • Call COVID Hotline (415.514.7328) for assessment and further instructions. &lt;br&gt; • Continue to self-observe your symptoms. If you become symptomatic, Call COVID Hotline (415.514.7328) &lt;br&gt; • Home Isolation instructions⁶</td>
<td>If household member’s result returns <strong>NEGATIVE</strong> for COVID-19, you may return to work. &lt;br&gt; If household member’s result returns <strong>POSITIVE</strong> for COVID-19, Call COVID Hotline (415.514.7328) for assessment and further instructions. See further details under #7 above.</td>
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</tbody>
</table>

*If household member has COVID compatible symptoms and does not test for COVID, See the “COVID-19 Exposure Return to Work table by Vaccination status” on page 12-13 for reference

⁶Regardless of vaccination status, if you are fully vaccinated and the household contact with COVID symptoms does not complete COVID-19 testing, then you are required to complete COVID-19 testing (Color program ok) at day 5-7 after initial exposure or else commit to 14 days quarantine.
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</table>
| 9. Have you been diagnosed with COVID-19 infection in the past 20 days? | **NO.** you may not return to work until you have received COVID Response Team clearance email. | **YES,** stay at home and inform your manager that you will not be going to work:  
- Call COVID Hotline (415-514-7328) to report your COVID positive illness and receive follow up instructions.  
- If the COVID-confirmed exposure occurred in your household or at work, please call:  
  o UCSF Employees: Call COVID Response Team Hotline (415.514.7328) to report your COVID-positive illness and receive follow-up instructions.  
  o Students call SHCS at 415-476-8736  
  o BCH Oakland Enterprise Health at 510-428-3620  
- Self-monitor⁵  
- Home Isolation instructions⁶  
- Limit travel outside of the home  
- Consult with your medical provider as needed or if symptom worsens  
- Call COVID Hotline (415.514.7328) for return to work clearance  
  | COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.  
  Except for rare situations, repeat COVID-19 testing prior to Return to Work is NOT recommended by CDC & SFDPH.  
  1. Asymptomatic or Mild-Moderate Illness⁷⁺  
- Return to work after **10 days** since positive test (if asymptomatic) or since first day of symptoms, if the following criteria are met:  
  o At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND  
  o Symptoms are improving, AND  
  o No concurrent immunocompromising conditions (see #3 below)  
  2. Severe or Critical Illness⁷⁻  
- Return to work after **20 days** since first day of symptoms, if the following criteria are met:  
  o At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND  
  o Symptoms are improving  
  3. Immunocompromising Conditions⁷⁻  
- Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below⁷⁻.  
  o If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team. |
Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or Occupational Health COVID Response Team at 415-476-8000

1. **Staff includes all employees, faculty, temporary workers, trainees, volunteers, students, and staff who provide services to or work in UCSF patient care or clinical areas.**

2. **UCSF High Risk Units or Areas**
   
   1. **Mission Bay: C3 ICN, C6 BMT, C6 Heme/Onc, and the Birth Center**
   2. **Parnassus: Units 11L and 12L**
      
      - Employees/Providers with symptoms or high risk exposures cannot work in designated High Risk Areas.
      - Employees/Providers with duties across units/areas should arrange patient assignment/duties with their supervisor/attending physician to minimize direct contact with high risk populations.
      - **High Risk Populations:** defined as immunocompromised patients (*Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dose steroids, chemotherapy, biologics)*


4. **Coronavirus Symptom Self-Monitoring:**
   - Manual monitoring form can be found [Here](https://www.cdc.gov/infectioncontrol/guidelines/healthcare-personnel/appendix/terminology.html).

5. **Home Isolation Instructions from CDC found [here](https://www.cdc.gov/infectioncontrol/guidelines/healthcare-personnel/appendix/terminology.html).**

6. **Mild Illness:** Individuals who have any of the various signs and symptoms of COVID 19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging.  
   **Moderate:** Individuals who have evidence of lower respiratory disease by clinical assessment or imaging and a saturation of oxygen (SpO2) ≥94% on room air at sea level.

7. **Severe Illness:** Anyone requiring hospitalization or supplemental O2.  
   **Critical Illness:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction.

8. **Immunocompromising conditions** may include (adapted from CDC guidance):
   1. Receiving current chemotherapy for malignancy
   2. Having a hematologic malignancy that may be suppressing the immune system
   3. Untreated HIV infection and CD4 T lymphocyte count < 200
   4. Primary severe immunodeficiency disorder
   5. Solid organ or hematopoietic stem cell (bone marrow) transplant recipient
   6. Receipt of prednisone 20 mg/day or the equivalent for more than 14 days, or treatment with other high-risk immunosuppressive medications
   7. The determination of whether persons with these conditions should return to work at 10 vs. 20 days should be made by the person’s health care provider.

9. **Essential Health Care Workers:** Adapted from CDC website: [https://www.cdc.gov/infectioncontrol/guidelines/healthcare-personnel/appendix/terminology.html].
   **Essential Health Care Workers include** all persons serving in healthcare settings whose function supports care delivery to patients. These may include, but are not limited to, emergency medical service personnel, nurses, nursing assistants, physicians, technicians, therapists, phlebotomists, pharmacists, GME, and contractual staff not employed by the health care facility, and persons (e.g., clerical, dietary, environmental services, laundry, security, maintenance, engineering and facilities management, clinical administrative staff, billing) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted among health care workers and patients.

10. **Fully-vaccinated individuals** defined as > 2 weeks since 2nd dose in 2-dose series (or 1st dose if single dose vaccine). Individuals who received a vaccine which does not have an FDA EUA, those who received a clinical (research) trial vaccine, or individuals with high risk exposures who are **immunocompromised**, will require an interview by the Occupational Health COVID Response team to discuss immunity.
### COVID -19 Exposure Return to Work table by Vaccination status

<table>
<thead>
<tr>
<th>Exposure Risk Level</th>
<th>COVID Response Team / Student Health CLEARANCE</th>
<th>Fully Vaccinated</th>
<th>Unvaccinated Asymptomatic</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEDIUM RISK EXPOSURES</strong></td>
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</tbody>
</table>
| Medium Risk Exposure | • Call COVID Hotline (415.514.7328) for assessment and instructions  
• *Fully Vaccinated not Immunocompromised* - You are eligible to return to work immediately following COVID Response Team interview if you are asymptomatic and agree to testing protocol. | • COVID Testing Day 3-5 (UCSF Color or a PCR test outside of UCSF) and Day 7-9 after last exposure  
• Continue symptom monitoring for 14-days.  
• If meeting fully-Vaccinated criteria and no immunocompromised condition, then home quarantine not required. | • COVID Testing Day 3-5 (allowed PCR test outside of UCSF) and Day 7-9 after last exposure  
• Continue home quarantine (except travel to / from work) & symptom monitoring for 14-days. |

### HOUSEHOLD (HH) MEMBER(S) WITH COMPATIBLE COVID SYMPTOMS...

<table>
<thead>
<tr>
<th>But decline’s testing</th>
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| | • Call COVID Hotline (415.514.7328) for assessment and instructions | • Symptom monitor for 14 days after initial exposure  
• Return to work immediately  
• COVID testing on day 3-5 and day 7-9 | • Symptom monitor for 14 days after last exposure  
• Return to work immediately  
• COVID testing on day 3-5 and day 7-9, *then weekly with ongoing HH member exposure* |

<table>
<thead>
<tr>
<th>With test pending</th>
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</table>
| | • Call COVID Hotline (415.514.7328) for assessment and instructions | • Symptom monitor until test results  
• Return to work immediately  
• COVID Response Team will facilitate testing for household members  
• If the test pending is not resulted within 5 days of symptoms onset, then test after day 5 | • Symptom monitor until test results  
• Return to work immediately  
• COVID Response Team will facilitate testing for household members  
• If the test pending is not resulted within 5 days of symptoms onset, then test after day 5. |

<table>
<thead>
<tr>
<th>And confirmed COVID infection</th>
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| | • Call COVID Hotline (415.514.7328) for assessment and instructions | • Symptom monitor for 14 days after last exposure  
• After clearance from the COVID Response Team, may return to work 10 days after *initial* exposure  
• COVID testing on day 3-5 (Optional) and day 7-9 after initial exposure | • Symptom monitor for 14 days  
• After clearance from the COVID Response Team, may return to work 10 days after *last* exposure  
• COVID testing day 3-5 (optional) and day 7-9 after *last* exposure |

<table>
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<tr>
<th>Multiple household members with confirmed COVID infection over time</th>
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| | • Call COVID Hotline (415.514.7328) for assessment and instructions | • Symptom monitor for 14 days  
• After clearance from the COVID Response Team, may return to work 10 days after *initial* exposure  
• COVID testing on day 3-5 (optional) and day 7-9 after *initial* exposure, then weekly with ongoing HH exposure for 2 weeks | • Symptom monitor for 14 days  
• After clearance from the COVID Response Team, may return to work 10 days after *last* day of isolation for the last COVID positive person  
• COVID testing on day 3-5 (optional) and day 7-9 after *last* exposure, then *weekly* with ongoing HH exposure |

*Direct questions about the process to the COVID-19 Hotline at 415-514-7328 or Occupational Health COVID Response Team at 415-476-8000*
| High Risk Exposure to Person with confirmed COVID infection in the Workplace or Community | You may be eligible to return to work immediately following COVID Response team interview. If you develop symptoms, immediately cease patient care activities, notify supervisor, go home, and call COVID Hotline (415.514.7328) for further review | Symptom monitor for 14 days  
Return to work is dependent on clearance from COVID response team  
COVID testing on day 3-5 and day 7-9 after last exposure using one of the tests below:  
- Reverse-transcriptase PCR (RT-PCR) PCR  
- Nucleic acid amplification (NAAT) excludes Abbott ID Now  
- Transcription-mediated amplification (TMA)  
- Loop-mediated amplification (LAMP) - this is UCSF Color testing | Symptom monitor for 14 days  
After clearance from COVID response team, may return to work 10 days after last exposure  
COVID testing on day 3-5 (optional) and day 7-9 after last exposure using one of the tests below:  
- Reverse-transcriptase PCR (RT-PCR) PCR  
- Nucleic acid amplification (NAAT) excludes Abbott ID Now  
- Transcription-mediated amplification (TMA)  
- Loop-mediated amplification (LAMP) - this is UCSF Color testing |

**NOTE:** If critical staffing is determined by the areas SVP in consultation with the COVID Response Team leadership, then you may be allowed to work. If returning to work immediately under critical staffing:
- COVID Test on Day 3-5 (allowed PCR test outside of UCSF) following initial exposure is required  
- COVID Test on Day 7-9 after initial exposure requires a PCR at a UCSF lab.  
- Continue home quarantine for 14-days (except travel to/from work) & symptom monitoring for 14-days.  
- If you develop symptoms, immediately cease patient care or other work activities, notify supervisor, go home, and call COVID Hotline (415.514.7328) for further review