

8/31/21 – Changes made

1. Update: Clarifies high-risk units that meets the requirement for RVP Panel for "Isolated Runny Nose" (Page 1)

**NOVEL CORONAVIRUS (COVID-19)
UCSF CONTINUE TO WORK - RETURN TO WORK GUIDELINES FOR STAFF ⁽¹⁾
Effective August 31, 2021**

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home? <i>Additional actions</i>	When Can I Return to Work? <i>Complete Symptom Resolution required for staff working on *High Risk Units²</i>
<p>1. In the past 24 hours, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</p> <ul style="list-style-type: none"> • Fever, chills, or shivering/shakes ($\geq 37.8^{\circ}\text{C} / 100^{\circ}\text{F}$) • Cough • Sore throat • Runny or congested nose (not related to allergies) • Difficulty breathing or shortness of breath • Unexplained muscle aches • Feeling unusually weak or fatigued • Loss of sense of smell or taste • Diarrhea (defined as ≥ 3 stools in 24 hrs.) • Eye redness +/- discharge ("pink eye," not related to allergies) 	<p align="center">NO</p>	<p>YES, stay at home</p> <ul style="list-style-type: none"> • Consult with your medical provider as needed or if symptom worsens • Please use Daily Screener for guidance or call the COVID Hotline (415.514.7328) for testing and evaluation. 	<p>AFTER INTERVIEW BY THE COVID RESPONSE TEAM</p> <p>If COVID-negative:</p> <ul style="list-style-type: none"> • Must be fever-free for 24 hours without the use of a fever-reducing medication. • For symptoms other than fever, you may return-to-work if: <ul style="list-style-type: none"> ○ Symptoms are resolved or lingering symptoms are improving ○ You always wear a mask and you not working in High-Risk Units or Areas² • Diarrhea-free for 48 hrs. (when not part of a pre-existing condition) <p>If COVID-positive: follow guidance in #9</p> <p>If COVID-untested:</p> <ul style="list-style-type: none"> • Check with the COVID Hotline (415.514.7328) • 10-day quarantine since symptom onset is an acceptable alternative to COVID-19 testing. If immunocompromised, then 20-day quarantine required) <p>*For Isolated Runny Nose, if you work on a High Risk Unit², a respiratory virus panel will be performed.</p> <ul style="list-style-type: none"> • If COVID-negative but positive for any other respiratory viruses: Do not return to High-Risk Unit for work until symptoms are resolved at ≥ 3 days since Runny Nose onset • If COVID-negative and negative for all other respiratory viruses: Return to work after ≥ 3 days since Runny Nose onset with symptom monitoring; if ANY symptoms arise, notify manager, go/stay home, and call the Hotline (415.514.7328) for further review.

+Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>2. In the past 14 days, have you had one or more of these symptoms, which is new or not explained by a pre-existing condition?</p> <ul style="list-style-type: none"> • Fever, chills, or shivering/shakes ($\geq 37.8^{\circ}\text{C}$ / 100°F) • Cough • Sore throat • Runny or congested nose (not related to allergies) • Difficulty breathing or shortness of breath • Unexplained muscle aches • Feeling unusually weak or fatigued • Loss of sense of smell or taste • Diarrhea (defined as ≥ 3 stools in 24 hrs.) • Eye redness +/- discharge (“pink eye,” not related to allergies) 	<p>No, stay at home</p> <ul style="list-style-type: none"> • Consult with your medical provider as needed or if symptom worsens • Call the COVID Hotline (415.514.7328) for testing and evaluation • If you receive a negative test result, see return-to-work criteria in last column 	<p>YES, stay at home</p> <ul style="list-style-type: none"> • Consult with your medical provider as needed or if symptom worsens • <u>Please use Daily Screener for guidance</u> or call the COVID Hotline (415.514.7328) for testing and evaluation. 	<p>AFTER INTERVIEW BY THE COVID RESPONSE TEAM</p> <p>If COVID-negative AND symptom-free >24 hours: You are cleared to work onsite if you meet ALL the following criteria:</p> <ul style="list-style-type: none"> • Fever-free for 24 hours without use of a fever-reducing medication • Diarrhea-free for 48 hrs. (when not part of a pre-existing condition) • You have communicated with your supervisor about your negative result and meeting criteria above <p>If COVID-negative AND lingering symptoms:</p> <ul style="list-style-type: none"> • You’ve consulted with your medical provider to consider additional treatment or alternative diagnoses • You’ve received a clearance email to return to work; call the COVID Hotline (415.514.7328) if awaiting email <p>If COVID-positive: follow guidance in #9</p> <p>If COVID-untested:</p> <ul style="list-style-type: none"> • Check with the COVID Hotline (415.514.7328). • 10-day quarantine since symptom onset is an acceptable alternative to COVID-19 testing. If immunocompromised, then 20-day quarantine required.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>3. In the past 10 days, have you returned from travel outside the U.S.?</p> <p><i>SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC International Travel During COVID-19</i></p> <p><i>Additional UCSF travel guidance found here: https://coronavirus.ucsf.edu/travel#travelreturn</i></p> <p><i>More information about COVID-19 risk in different countries can be found at CDC and WHO websites.³</i></p> <p>All *New Hires to UCSF refer to https://infectioncontrol.ucsfmedicalcenter.org/sites/g/files/tkssra4681/f/New_Hire_COVID_Onboarding.pdf</p> <p><i>Definition of Essential Worker</i> According to the California Department of Public Health (CDPH), all individuals returning to their California residence from domestic travel outside of California, should undergo a “travel quarantine” for a period of 10 days when not performing essential on-site work.</p> <p>If your job responsibilities require you to be on-site sooner than 10 days – including, but not limited to, frontline care workers; facilities, transportation, custodial, and administrative staff; environment, health and safety; laboratory animal research center; and police and security personnel</p>	<p>Possibly, see below for details.</p> <p>Before Returning to the U.S. The Centers for Disease Control and Prevention (CDC) requires all air passengers entering the United States (including U.S. citizens and legal permanent residents) to present one of the following:</p> <ul style="list-style-type: none"> • A negative COVID-19 test taken 72 hours or less before boarding a flight to the U.S.; or • Proof of COVID-19 infection within the last 90 days. <p>For On-Site Workers⁸ at any UCSF locations:</p> <p>Fully-Vaccinated⁹:</p> <ul style="list-style-type: none"> • You can return to work • You do not need to quarantine • You are required to obtain a COVID-19 test through Color 3-5 days after returning from travel. • Monitor symptoms for 14 days after return. <p>Essential Health Care Worker (Approved by UCSF) & Not Fully-Vaccinated⁹:</p> <ul style="list-style-type: none"> • MUST HAVE COVID Response Team CLEARANCE EMAIL BEFORE RETURNING TO WORK. • May be eligible to return to work • You are required to obtain a (Cont. on pg. 4) 	<ul style="list-style-type: none"> • No, if you are fully-vaccinated⁹ or essential health care worker⁸, you can work. • YES, if you are not fully-vaccinated⁹, stay at home until you have obtained COVID Response Team clearance to return to work. • Outside of work, follow post-travel (home) quarantine guidance. • Call the COVID Hotline (415.514.7328) for return-to-work clearance. • Self-monitor⁵ for 14 days, beginning on the first day back in the US. • Home Isolation instructions⁶ 	<ul style="list-style-type: none"> • If you are fully-vaccinated⁹ you do not need to quarantine, but you should monitor symptoms for 14 days after return, and you should obtain a COVID-19 test through Color, 3-5 days after returning from travel. If you have immunocompromised medical conditions, consult with your doctor about the timing for return to work. • If you are not fully-vaccinated⁹: COVID Response Team CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK. General principles listed below. • If you returned from travel and develop symptoms of COVID-19 (listed in #1 above), call the COVID Hotline (415.514.7328) for testing and further evaluation • Self-monitor⁵ for symptoms for total of 14 days • Home Isolation instructions⁶ • Consult with your medical provider as needed or if symptom worsens • Call the COVID Hotline (415.514.7328) for return-to-work clearance

COVID-19 test through Color 3-5 days after returning from travel.

- Home quarantine for 7 days when not at UCSF.
- Monitor symptoms for 14 days after return.

Workers not required to be on-site immediately after returning & Not Fully-Vaccinated⁹:

Option 1:

- **Must have interview by the COVID Response Team**
- No entry to UCSF for 7 days.
- Test 3-5 days after travel
- Home quarantine 7 days if test negative.
- Monitor symptoms for 14 days after return.

Option 2:

- **Must have interview by the COVID Response Team**
- No entry to UCSF for 10 days without test
- Home quarantine 10 days.
- Monitor symptoms for 14 days after return.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>4. Have you traveled outside of California, but within the United States?</p> <p><i>SFDPH, CDPH and UCSF will follow COVID-related travel guidance from CDC Domestic Travel During COVID-19</i></p> <p>**August 9: Based on current delta surge and linkage with travel, we are strongly recommending testing following domestic travel.</p> <p><i>UCSF travel guidance found here: https://coronavirus.ucsf.edu/travel#bayarea</i></p> <p><i>UCSF testing page: https://coronavirus.ucsf.edu/testing#travel</i></p>	<p>YES: FULLY VACCINATED⁹: If asymptomatic with no known exposure</p> <p>YES: NOT FULLY- VACCINATED⁹: If asymptomatic with no known exposure</p>	<ul style="list-style-type: none"> • Stay at home if you have symptoms listed in #1, and call the COVID Hotline (415.514.7328) for testing and evaluation • DO NOT work if you had an exposure during travel or any of the following: <ol style="list-style-type: none"> 1. Have had close contact with a confirmed COVID-19 Person for >60 minutes – this includes Carpooling, intimate contact (e.g., dancing, kissing, sharing bed). 2. Cumulative time of >24 hours to a confirmed COVID-19 Person 	<p>FULLY VACCINATED⁹: There is no quarantine or testing requirements to return to work, but we strongly recommend</p> <ul style="list-style-type: none"> • COVID-19 testing 3-5 days after returning from travel. • You will symptom monitor for 14 days. <p>NOT FULLY- VACCINATED⁹: You may return to work following domestic travel if you attest to the protocol via the Daily Health Screener.</p> <ul style="list-style-type: none"> • Test 3-5 days after travel through Color. • Home quarantine for 7 days when not at UCSF recommended • Monitor symptoms for 14 days after return.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>5. In the past 14 days, have you worked at a non-UCSF health care facility and participated in direct care or had close contact with patients diagnosed with COVID-19?</p> <p><u>Definition:</u> UCSF Health facilities include 1) Parnassus, Mission Bay/BCH-SF, BCHO, Mt. Zion inpatient hospitals, and 2) all UCSF Health Ambulatory sites (clinics and diagnostic/treatment departments).</p> <p>At the present time, SF VA Medical Center (VAMC) and Zuckerberg SF General (ZSFG) are also considered equivalent to UCSF Health facilities.</p>	<p>YES, if you <u>do not</u> have any symptoms listed in #1, you may continue to work if you adhere to the following instructions:</p> <ul style="list-style-type: none"> • Complete a one-time web-based survey for each non-UCSF work environment (use Chrome or Firefox): https://ucsf.co1.qualtrics.com/jfe/form/SV_862Clam03I9ENHD • Self-monitor for symptoms twice a day, including temperature, using the symptom monitoring form⁵ • Consult with manager about assigned duties/patient assignment • Practice meticulous hand hygiene • If any symptoms listed in #1 arise, immediately cease patient care or other work activities, notify supervisor, go home, and call the COVID Hotline (415.514.7328) for further review • Guidance about home isolation and testing will be provided by the COVID Hotline case managers after reviewing your survey responses as it relates to your levels of PPE and COVID exposure. <p>If you work in High-Risk Area: YES, you may continue to work if you <u>do not</u> have any symptoms listed in #1, you confirm absence of medium or high-risk COVID-19 exposures during phone conversation with the COVID Hotline and received clearance.⁷</p>	<ul style="list-style-type: none"> • YES, stay at home if you have symptoms in #1 • Call the COVID Hotline (415.514.7328) for testing and evaluation • Self-monitor⁵ for 14 days, or longer if you develop symptoms • Home Isolation instructions⁶ • Consult with your medical provider as needed or if symptom worsens • Call the COVID Hotline (415.514.7328) for return-to-work clearance 	<p>If you returned and had symptoms in #1</p> <ul style="list-style-type: none"> • Call the COVID Hotline (415.514.7328) for testing and evaluation • Self-monitor⁵ for 14 days, or longer if you develop symptoms • Home Isolation instructions⁶ • Consult with your medical provider as needed or if symptom worsens • Call the COVID Hotline (415.514.7328) for return-to-work clearance

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>6. In the past 14 days, have you had unprotected, prolonged close contact⁴ with someone with confirmed/diagnosed COVID-19?</p> <p>Unprotected⁴ includes:</p> <ul style="list-style-type: none"> • The exposed Individual not wearing an approved facemask or covering • The exposed Individual wearing a mask but not wearing eye protection, if the person with COVID-19 was not wearing a cloth face covering or facemask • The exposed individual not wearing all recommended PPE while performing aerosol-generating procedure for any time- period of exposure <p>Prolonged, close contact defined as within 6 feet for 15 mins or longer.</p>	<p>NO ENTRY, UNLESS YOU HAVE CLEARANCE FROM THE DAILY SCREENER OR THE COVID RESPONSE TEAM CLEARANCE EMAIL</p>	<p>Depends on Type of Exposure and Vaccination Status. Please use Daily Screener for guidance.</p> <p><u>ALL PERSONS</u></p> <ul style="list-style-type: none"> • Self-monitor⁵ for at least 14 days since exposure • Home Isolation instructions⁶ <p>FULLY VACCINATED PERSONS, who are asymptomatic and without immunocompromised^{7c} MAY NOT WORK IF</p> <ul style="list-style-type: none"> • Employee lives with a confirmed COVID-19 Person - household member • Have had close contact with a confirmed COVID-19 Person for >60 minutes – this includes Carpooling, intimate contact (e.g., dancing, kissing, sharing bed). • Cumulative time of >24 hours to a confirmed COVID-19 Person • Aerosol-generating procedure of any duration. <p>All other FULLY VACCINATED PERSONS, who are asymptomatic and without immunocompromised^{7c} may continue to work but will need to get a color test on day 3-5 and 7-9 from the last day of exposure and complete a COVID Response Team interview.</p> <p>UNVACCINATED PERSONS must stay home, complete interview and obtain clearance before returning to work.</p>	<p>COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.</p> <p>CONDITIONS FOR RETURNING TO WORK ARE BASED ON COVID-19 EXPOSURE RISK ASSIGNED BY COVID RESPONSE TEAM STAFF</p> <p>Call the COVID Hotline (415.514.7328) for assessment and instructions</p> <p><u>WORK QUARANTINE DURATION:</u></p> <ul style="list-style-type: none"> • All low and medium risk exposures, and selected high-risk exposures, have no quarantine requirement, and may continue to work if asymptomatic and completing test protocols. • Fully vaccinated, high-risk exposures with quarantine = 10 days beginning with FIRST day of exposure (or fewer days if critical staffing exemption is approved by executive leadership). • Unvaccinated or partially vaccinated high-risk exposures with quarantine = 10 days or more beginning with LAST day of exposure. <p><u>TESTING PROTOCOL:</u></p> <ul style="list-style-type: none"> • All persons regardless of vaccination status with medium and high-risk exposures must complete COVID testing on Day 3-5 (allowed PCR test outside of UCSF) and Day 7-9 after LAST exposure. If person is quarantined for 10 days, then test on Day 3-5 is optional. • For situations with ongoing COVID-19 exposure in the household, the COVID Response Team will determine the need for continued surveillance testing. • Acceptable Tests if outside UCSF <ul style="list-style-type: none"> - Reverse-transcriptase PCR (RT-PCR) PCR - Nucleic acid amplification (NAAT) excludes Abbott ID Now - Transcription-mediated amplification (TMA) - Loop-mediated amplification (LAMP) – i.e., UCSF Color test <p>SYMPTOM MONITORING</p> <ul style="list-style-type: none"> • All persons must complete symptom monitoring for 14-days. • If you develop symptoms, immediately cease patient care or other work activities, notify supervisor, go home, and call the COVID Hotline (415.514.7328) for further review.

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>7. Do you live with someone (Household member) who is waiting for COVID test results* due to COVID type symptoms?</p> <p><i>*If household member has COVID compatible symptoms and does not test for COVID, See the last column for guidance</i></p>	<ul style="list-style-type: none"> • YES, YOU CAN CONTINUE/RETURN TO WORK IF ASYMPTOMATIC. • Call the COVID Hotline (415.514.7328) • MUST COMPLETE AN INTERVIEW WITH THE COVID RESPONSE TEAM. 	<p>Regardless of vaccination status, you may continue to work, and call Covid Response Team for final clearance.</p>	<p>If household member's result returns NEGATIVE for COVID-19, you may return to work.</p> <p>If household member's result returns POSITIVE for COVID-19, Call the COVID Hotline (415.514.7328) for assessment and further instructions. See further details under #7 above.</p> <p>If you are fully vaccinated⁹ and your household member DECLINES TESTING:</p> <p>AFTER INTERVIEW BY THE COVID RESPONSE TEAM</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • Employee COVID testing on day 3-5 and day 7-9 • Symptom monitor for 14 days after initial exposure • COVID Response Team will facilitate testing for household member(s) if needed. <p>If you are fully vaccinated⁹ and your household member HAS A TEST PENDING</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • If the test pending is not resulted within 5 days of symptoms onset, then Employee COVID test after day 5 • Symptom monitor until test results • COVID Response Team will facilitate testing for household members if needed. <p>If you are not fully vaccinated and your household member DECLINES TESTING</p> <p>AFTER INTERVIEW BY THE COVID RESPONSE TEAM</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • Employee COVID testing on day 3-5 and day 7-9, <i>then weekly with ongoing HH member exposure</i> • Symptom monitor for 14 days after last exposure <p>If you are not fully vaccinated and your household member HAS A TEST PENDING</p> <ul style="list-style-type: none"> • Continue/return to work if asymptomatic • COVID Response Team will facilitate testing for household members If the test pending is not resulted within 5 days of symptoms onset, then test after day 5. • Symptom monitor until test results

Symptom/Exposure Review	Can I Work Today?	Do I Need to Stay at Home?	When Can I Return to Work?
<p>8. Have you been diagnosed with COVID-19 infection in the past 20 days?</p>	<p>NO, YOU MAY NOT WORK UNTIL YOU RECEIVE CLEARANCE FROM THE COVID RESPONSE TEAM.</p> <p>Call the COVID Hotline immediately at (415-514-7328) to report your COVID Positive Test Results. Please do with within 24-hour of receiving your test result. If you are hospitalized, please have a family member call to report on your behalf.</p>	<p>YES, stay at home and inform your manager that you will not be going to work:</p> <ul style="list-style-type: none"> • Call the COVID Hotline (415-514-7328) to report your COVID positive illness (within 24-hours) and receive follow up instructions. <ul style="list-style-type: none"> ○ UCSF Employees: Call COVID Hotline (415.514.7328) to report your COVID-positive illness and receive follow-up instructions. ○ Students call SHCS at 415-476-8736 ○ BCH Oakland Enterprise Health at 510-428-3620 • Self-monitor⁵ • Home Isolation instructions⁶ • Limit travel outside of the home • Consult with your medical provider as needed or if symptoms worsen 	<p>COVID RESPONSE TEAM CLEARANCE EMAIL IS REQUIRED BEFORE RETURNING TO WORK.</p> <p>Except for rare situations, repeat COVID-19 testing prior to Return to Work is NOT recommended by CDC & SFDPH.</p> <p>1. Asymptomatic or Mild-Moderate Illness^{7a}</p> <ul style="list-style-type: none"> • Return to work after 10 days since positive test (if asymptomatic) or since first day of symptoms, if the following criteria are met: <ul style="list-style-type: none"> ○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND ○ Symptoms are improving, AND ○ No concurrent immunocompromising conditions (see #3 below) <p>2. Severe or Critical Illness^{7b}</p> <ul style="list-style-type: none"> • Return to work after 20 days since first day of symptoms, if the following criteria are met: <ul style="list-style-type: none"> ○ At least 24 hours have passed since last fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen, aspirin); AND 48 hours have passed since last episode of diarrhea, AND ○ Symptoms are improving <p>3. Immunocompromising Conditions ^{7c}</p> <ul style="list-style-type: none"> • Return to work clearance provided after 20 days since symptom onset, or as indicated by your primary health provider. Examples of immunocompromising conditions are listed below^{7c}. If you have an immunocompromising condition or are being treated with biologics, please obtain written confirmation from a medical provider, and be prepared to share that with the COVID Response Team.

(1) Staff includes all employees, faculty, temporary workers, trainees, volunteers, students, and staff who provide services to or work in UCSF patient care or clinical areas.

(2) UCSF High Risk Units or Areas

1. **Mission Bay: C3 ICN, C6 BMT, C6 Heme/Onc, and the Birth Center**

2. **Parnassus: Units 11L and 12L**

- Employees/Providers with symptoms or high-risk exposures cannot work in designated High-Risk Areas.
- Employees/Providers with duties across units/areas should arrange patient assignment/duties with their supervisor/attending physician to minimize direct contact with high-risk populations.
- **High Risk Populations:** defined as immunocompromised patients (*Solid organ transplant (SOT), SOT listed, SOT evaluation in process, primary immunodeficiency, and receiving immunosuppressants including chronic high-dose steroids, chemotherapy, biologics*)

(3) **CDC Travel Advisories Listed Here:** <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html#travel-1>

WHO Weekly Epidemiological Update: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>

(4) **UCSF exposure definitions for testing & return to work decisions** [Click here](#) (Also available on page 11 of this document)

(5) **Coronavirus Symptom Self-Monitoring:**

- Manual monitoring form can be found [Here](#)

(6) **Home Isolation Instructions** from CDC found [Here](#)

(7^a) **Mild Illness:** Individuals who have any of the various signs and symptoms of COVID 19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain) without shortness of breath, dyspnea, or abnormal chest imaging. **Moderate:** Individuals who have evidence of lower respiratory disease by clinical assessment or imaging and a saturation of oxygen (SpO₂) ≥94% on room air at sea level.

(7^b) **Severe Illness:** Anyone requiring hospitalization or supplemental O₂. **Critical Illness:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction.

(7^c) **Immunocompromising conditions** may include (adapted from CDC guidance):

1. Receiving current chemotherapy for malignancy
2. Having a hematologic malignancy that may be suppressing the immune system
3. Untreated HIV infection and CD4 T lymphocyte count < 200
4. Primary severe immunodeficiency disorder
5. Solid organ or hematopoietic stem cell (bone marrow) transplant recipient
6. Receipt of prednisone 20 mg/day or the equivalent for more than 14 days, or treatment with other high-risk immunosuppressive medications
7. The determination of whether persons with these conditions should return to work at 10 vs. 20 days should be made by the person's health care provider.

(8) **Essential Health Care Workers: Adapted from** CDC website: <https://www.cdc.gov/infectioncontrol/guidelines/healthcare-personnel/appendix/terminology.html>

Essential Health Care Workers include all persons serving in healthcare settings whose function supports care delivery to patients. These may include, but are not limited to, emergency medical service personnel, nurses, nursing assistants, physicians, technicians, therapists, phlebotomists, pharmacists, GME, and contractual staff not employed by the health care facility, and persons (e.g., clerical, dietary, environmental services, laundry, security, maintenance, engineering and facilities management, clinical administrative staff, billing) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted among health care workers and patients.

(9) **Fully-vaccinated individuals** defined as > 2 weeks since 2nd dose in 2-dose series (or 1st dose if single dose vaccine). Individuals who received a vaccine which does not have an FDA EUA, those who received a clinical (research) trial vaccine, or individuals with high-risk exposures who are ^(7^c) **immunocompromised, will** require an interview by the Occupational Health COVID Response team to discuss immunity.

(4) UCSF EXPOSURE DEFINITIONS FOR TESTING & RETURN TO WORK DECISIONS

Infectious Period:

COVID + Individual	Infectious Period Begins
Asymptomatic	48 hours before COVID positive test collection
Symptomatic	48 hours before date of symptom onset OR 48 hours before COVID positive test collection- whichever came first

Exposure Risk Level	Direct Contact with a COVID + individual during infectious period*	Length of time within 6 feet of COVID + individual	PPE of COVID + individual	PPE of employee
No Exposure	No	0-2 minutes of cumulative** contact at any proximity	Any or none	Any or none
Minimal Risk Exposure	Yes	3-14 minutes of cumulative** contact (please note: >15 minutes at >6 feet is also deemed minimal risk)	Any or none	Any or none
Low Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a face covering	At least a face covering
Medium Risk Exposure	Yes	15 or more minutes of cumulative** contact	None	At least a face covering
Medium Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a face covering	None
High Risk Exposure: Non-Household Contact	Yes	15 or more minutes of cumulative** contact	None	None
High Risk Exposure: Household Contact	Does not have to be direct contact, but more than 48 hours of time spent in the same household with person with confirmed COVID-19 during infectious period	Length of time is not relevant for household contacts- it is assumed to be ongoing given potential for droplet and surface exposures	Any or none	Any or none
High Risk Exposure: Aerosol Generating Procedure	Yes	Any length of time during the AGP or within 1 hour afterwards in non-OR setting at any proximity within the room/general vicinity. Depending on air turnover, OR suites are either 15- or 30-minute conversions- HEIP can provide info to make this determination.	Any or none	Anything less than eye protection + N95 or PAPR

**To determine cumulative contact time, add up the time during any periods that the employee and COVID+ individual were together during the infectious period. For example, if an employee is in a breakroom with a COVID+ individual two different days in a row, for 10 minutes each day, that would be 20 minutes of cumulative contact.