

CAN STAFF ACCESS SHOWERS WHEN LEAVING WORK?

With the help and coordination of a cross-functional group, we now have regular support for showers at both Mission Bay and Parnassus campuses at the fitness facilities. This is intended for those who feel more comfortable showering and changing prior to transitioning home in areas where they may be exposed to COVID-19.

Hours of operation are as follows:

Mission Bay / Bakar

7:00-10:30am

4:00-8:30pm

Parnassus Millberry

7-10:30 AM

4:00-8:30pm

Important rules for usage:

- Both gyms will be open during the above hours for showers **only**. The gyms are not open for fitness activities.
- A Fit-Rec employee will be at the front desk to check badges and entrance. No membership is needed. At Rutter Center Mission Bay, your badge provides access to the building.
- Bring your own towels/toiletries.
- At Parnassus - Linen service (laundering of scrubs) will be provided. Drop soiled linens in the laundry bins.
- At Mission Bay - No Linen service will be available. Be prepared to take soiled belongings with you upon exit of the shower facilities.
- Showers will be cleaned after each session.

CAN STAFF USE SCRUBS WHEN WORKING IN AREAS WHERE THEY MAY BE POTENTIALLY EXPOSED TO COVID-19?

Yes, scrubs carts are already available per usual processes for the Emergency Departments and Perioperative areas. In addition, those working on 15 Long Respiratory Care Unit have access to scrubs on the unit. For others interested in using scrubs for their shift, scrubs will be available at the Parnassus Employee Entrance by the Emergency Department and the Mission Bay Benioff Children's Hospital Entrance by Security.

Please only take 1 set of scrubs per shift and be sure to return them prior to leaving work in a soiled linens bin on your clinical unit.