

Updated Discontinuation of Isolation Criteria for patients with COVID-19 at UCSF Health

Instructions for Clinical and Administrative Staff

- UCSF Health has recently updated our discontinuation of isolation criteria for patients with COVID-19 based on the most recent [CDC recommendations](#). These criteria are also consistent with current San Francisco Department of Public Health (SFDPH) and ZSFG guidance.
- If you have a patient with an upcoming appointment that was diagnosed with COVID within the past 20 days, in some cases it may be possible for them to be evaluated by a provider in your clinic and cleared to come in for care prior to the usual timeframe.
- If your patient can wait until they have been cleared using the usual timeframe, we encourage you to postpone their appointment into the future.
- For patient appointments that will be challenging to postpone, contact a provider in your clinic to evaluate the patient to see if they qualify to come in for care prior to 20 days post COVID diagnosis. Remind the provider that they can use the “COVID Clearance” letter in the Letter tab in APeX to access the criteria.
- Suggested scripting to use with patients that have been diagnosed with COVID within the past 20 days and are seeking an urgent appointment:

“In order to keep patients and staff safe, UCSF Health has criteria for when patients with COVID-19 can be cleared to come in for care. It may be possible for us to see if you meet the criteria to come back in for care before than the usual timeframe. I’ll reach out to our medical team to evaluate you to see when it will be possible to bring you in for an appointment.”