

Monkeypox Tip Sheet

For suspected/confirmed case, call Infection Prevention immediately

Business hours (M-F 8AM- 4PM): Adults 628-248-9059 & Pediatrics 628-248-8503 After hours: Moffitt-Long 415-353-8036; BCH-SF 415-502-0728, MB Adults 415-502-0562

And SF Department of Health (SFDPH) 415-554-2830

Consider the diagnosis

- [Classic presentation](#) includes a flu-like illness lasting days followed by a disseminated rash. Refer to this [algorithm](#) for further guidance.
- Classic rash progression macules-> papules-> vesicles-> pustules filled with yellowish fluid-> crusts. Lesions are deep-seated, firm/hard, well-circumscribed may umbilicate, become confluent. Some recent monkeypox cases are presenting atypically: with no prodrome, localized genital/perianal lesions.
- Rash may be confused for HSV, VZV, syphilis, molluscum, chancroid.
- For clinical questions call the clinical infectious disease team: Adult patients via Voalte/415-443-8996, Pediatrics 415-443-2384.



Isolation and Personal Protective Equipment

- Initiate [Contact, Droplet, and Airborne Isolation](#). Room the patient right away. If no contraindications, have the patient mask and cover the rash.
- Use a fit tested N95/eye protection (or PAPR), gloves, gown including for room cleaning and linen handling.

Patient placement and Disinfectants

- An Airborne Isolation room is recommended. If not available, place the patient in a single room with the door closed. Keep the room empty with the door closed for 1 hour after the patient leaves and before cleaning.
- Routine hospital grade disinfectants are appropriate for cleaning.

Reporting

- Call Infection Prevention as noted above and SFDPH 415-554-2830 (press option 2 if after hours) to [report and review the case](#) and get approval for monkeypox testing.

Testing

- Get SFDPH approval for testing. Refer to this [guidance](#) for testing.
- Order '[Microbiology-Test Not Listed \(special send out\) P319](#)', specify monkeypox as test requested. Notify the micro lab 415-353-1268 prior to sending the test.

Clinical Guidance and Treatment

- Call the clinical infectious disease team for clinical and treatment guidance: Adult patients via Voalte/415-443-8996, Pediatrics 415-443-2384.