

**Monkeypox Tip Sheet**

For suspected/confirmed case, call Infection Prevention immediately

Business hours (M-F 8AM- 4PM): Adults 628-248-9059 & Pediatrics 628-248-8503 After hours: Moffitt-Long 415-353-8036; BCH-SF 415-502-0728, MB Adults 415-502-0562

**Consider the diagnosis**

[Classic presentation](https://www.cdc.gov/poxvirus/monkeypox/clinicians/clinical-recognition.html) includes a flu-like illness lasting days followed by a characteristic disseminated rash.

Some recent monkeypox cases are presenting atypically: with no prodrome, localized genital/perianal lesions.

Classic rash progression: macules--> papules--> vesicles--> pustules filled with yellowish fluid--> crusts. Lesions are deep- seated, firm/hard, well-circumscribed, lesions may umbilicate or become confluent.

Rash may be confused for HSV, VZV, syphilis, molluscum, chancroid.

# **Isolate**

Initiate [Contact, Droplet, and Airborne Isolation](https://infectioncontrol.ucsfmedicalcenter.org/isolation-table/m). Room the patient right away.

Place the patient in a single room with the door closed. Use an Airborne Isolation room if available. Ensure patient is wearing a mask if there are no medical or age contraindications.

# **Personal Protective Equipment and Disinfectants**

Use a fit tested N95/eye protection (or PAPR), gloves and gown including for cleaning the room and handling linen.

Routine hospital grade disinfectants are appropriate for cleaning.

# **Reporting**

In addition to calling Infection Prevention, immediately call SF Department of Health (SFDPH) 415-554-2830 to report the case and get approval for monkeypox testing.

# **Testing**

Get SFDPH approval for testing. Refer to this [guidance](mailto:https://infectioncontrol.ucsfmedicalcenter.org/sites/g/files/tkssra4681/f/MonkeypoxTestingGuidance_2022-05-19b.pdf) for testing.

Order ‘Microbiology-Test Not Listed (special send out) P319’, specify monkeypox as test requested. Notify the micro lab 415-353-1268 prior to sending the test.

# **Treatment**

Call the clinical infectious disease team for guidance on treatment Department of Health Adult patients via Voalte or 415-443-8996, Pediatrics 415-443-2384

6/13/22

For more information, refer to these [additional resources](mailto:https://infectioncontrol.ucsfmedicalcenter.org/content/ucsf-monkeypox-guidance)