

UCSF EXPOSURE DEFINITIONS FOR TESTING & RETURN TO WORK DECISIONS

Infectious Period:

COVID + Individual	Infectious Period Begins
Asymptomatic	2 days before COVID positive test collection
Symptomatic	2 days before date of symptom onset OR 2 days before COVID positive test collection- whichever came first

Exposure Risk Level	Direct Contact with a COVID + individual during infectious period*	Length of time within 6 feet of COVID + individual	PPE of COVID + individual	PPE of employee
No Exposure	No	0-2 minutes of cumulative** contact at any proximity	Any or none	Any or none
Lower Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a surgical mask	At least a face covering (Regardless of if eye protection is worn)
Lower Risk Exposure	Yes	15 or more minutes of cumulative** contact	None	Face covering + Eye protection
Higher Risk Exposure	Yes	15 or more minutes of cumulative** contact	At least a surgical mask	None
Higher Risk Exposure: Non-Household Contact	Yes	15 or more minutes of cumulative** contact	None	Not wearing a face covering and/or not wearing eye protection
Higher Risk Exposure: Household Contact	Does not have to be direct contact, but more than 24 hours of time spent in the same household with person with confirmed COVID-19 during infectious period	Length of time is not relevant for household contacts- it is assumed to be ongoing given potential for droplet and surface exposures	Any or none	Any or none
Higher Risk Exposure: Aerosol Generating Procedure	Yes	Any length of time during the AGP or within 1 hour afterwards in non-OR setting at any proximity within the room/general vicinity. Depending on air turnover, OR suites are either 15- or 30-minute conversions- HEIP can provide info to make this determination.	Any or none	Anything less than eye protection + fit-tested N95 or PAPR

To determine cumulative contact time, this could refer to a single 15-minute exposure to one infected individual or several briefer exposures to one or more infected individuals adding up to at least 15 minutes **during a 24-hour period. However, the presence of extenuating factors (e.g., exposure in a confined space, performance of aerosol-generating procedure) could warrant more aggressive actions even if the cumulative duration is less than 15 minutes.