CONTACT ISOLATION

Visitors ~ See Nurse before entering

STOP

Clean Hands ~ Gown & Gloves for ALL entries

Entry/Exit:

OR

UCSF Medical Center

UCSF Benioff Children’s Hospitals
**PATIENTS in CONTACT ISOLATION**

- Place in a private room unless a shared space has been approved by Infection Control
- May leave room after cleaning hands and putting on a clean hospital gown
- Are not allowed in communal spaces (playroom, school room, solarium etc.) but may ambulate in hallways if continent, cooperative and clean.

**STAFF Caring for Patients in CONTACT ISOLATION**

### PROCEDURES

- Wash hands with *alcohol based hand rub (ABHR) or soap and water* on entry
- Put on a gown and gloves before entering the room
- Remove and discard gloves and gown
- Clean hands with *alcohol based hand rub (ABHR) or soap and water* before leaving the patient’s room. If patient is in semi-private room or multi-bed bay situation, clean hands with *alcohol based hand rub (ABHR) or soap and water* before leaving the patient’s direct area.

### WORKFLOW

- Place the following supplies outside the patient’s room: GOWNS, GLOVES, THIS SIGN
- Use dedicated disposable equipment (e.g. stethoscope, blood pressure cuff, thermometer, etc.) when possible. If personal stethoscope is used, wipe with Sani-Cloth upon completion of examination

**VISITORS**

- VISITORS are not required to wear gowns/gloves unless they visit other patients OR are visiting a patient with CRE (see * below)
- Instruct VISITORS to clean their hands before entering and before exiting the patient’s room

### GENERAL INDICATIONS for CONTACT ISOLATION

- Drainage (abscess, cellulitis, ulcer, burn or wound) not contained adequately by dressing or not dressed
- Impetigo or rash of unknown etiology

### COMMON SPECIFIC INDICATIONS for CONTACT ISOLATION

- Adenovirus or RSV (with Droplet Precautions for respiratory infections in infants and young children)
- Carbapenem intermediate or resistant Enterobacteriaceae (CRE)
- Enterovirus (infants and young children)
- Rotavirus
- Linezolid-resistant VRE
- Lice
- Scabies
- HSV in neonates

For additional information, refer to “Standard and Transmission-based Precautions Policy” and “Isolation Precautions Table” at [http://infectioncontrol.ucsfmedicalcenter.org](http://infectioncontrol.ucsfmedicalcenter.org) or page the Infection Control Practitioner on call at 415.806.0269.