STANDARD PRECAUTIONS+

CONTACT ISOLATION

Prior to entering the room*:

*Visitors – see Nurse before entering

CLEAN HANDS
GOWN
GLOVES
**CONTACT ISOLATION**

**PATIENTS in CONTACT ISOLATION**
- Place in a PRIVATE ROOM unless a shared space has been approved by Infection Prevention
- Unit policy permitting, continent, cooperative, and clean patients may ambulate in hallways after donning a clean hospital gown, covering affected area as applicable (e.g. wound), and cleaning hands; may NOT enter communal spaces (play/school room, solarium, cafeteria, etc.)

**STAFF Caring for Patients in CONTACT ISOLATION**

<table>
<thead>
<tr>
<th>ISOLATION CADDY</th>
<th>Place caddy outside patient room containing: • GOWNS • GLOVES • THIS SIGN</th>
</tr>
</thead>
</table>

- Use dedicated disposable equipment (e.g. stethoscope, blood pressure cuff, thermometer) when possible
- Clean non-disposable equipment with hospital-approved disinfecting wipe after each use
- Clean hands prior to donning personal protective equipment (PPE)
- Wear a gown and gloves upon entry to patient room or care area
- PPE Removal- PPE should be removed before exiting patient room or care area
  - Grasp PPE in a manner that avoids contamination (Outside of PPE is contaminated)
  - Remove and discard disposable PPE (place reusable gowns in soiled linen receptacle)
  - Clean hands after removal of PPE

**TRANSPORT**
- Notify receiving department of isolation status prior to transport
- Patient wears a clean hospital gown, covers affected area as applicable (e.g. wound), covers body with clean sheet, and cleans hands prior to exiting patient room or care area
- Transporter removes PPE and cleans hands (per above workflow) prior to exiting patient room or care area; if direct contact is anticipated, may wear gown and gloves

**ROOM CLEANING**
- Don and doff PPE as above and clean per standard cleaning procedures
- On discharge, *Hospitality* removes isolation sign when cleaning complete
- On discontinuation of isolation or patient discharge, *Nursing* removes and cleans isolation caddy

**VISITORS**
- Not required to wear PPE unless visiting other patients
- Instruct visitors to clean hands before entering and exiting patient room or care area

For additional information, indications for, and discontinuation of isolation, refer to “Standard and Transmission-based Isolation Policy” and “Isolation Table” at [http://infectioncontrol.ucsfmedicalcenter.org](http://infectioncontrol.ucsfmedicalcenter.org) or contact Infection Prevention at 415-353-4343.