



**Clinical Update**  
**2.4.21**

**In Today’s Issue:**

- Permissive Use of Therapeutic Anticoagulation
- Inpatient COVID Management Guidelines Updated
- Relaxation of Visitor Restrictions
- Asymptomatic Testing Centers
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- Definition of Frequent vs. Continuous AGPs

Thank you to all the teams who are supporting our patient care and all of these COVID related efforts!

**Today’s Status:**

	Inpatient COVID19 + Patients	Asymptomatic Case Positivity (7 day moving average)	Symptomatic Case Positivity (7 day moving average)	COVID Surge Status
UCSF Health	52	2.5%	9.5%	Orange
ZSFG	36			Yellow

Currently, San Francisco remains at Level 4 High Alert, but with continuing improvement this week to 19 new cases daily per 100,000 population. This is equal to about 165 new cases daily in San Francisco. More San Francisco COVID19 public health indicators are available via this [SFDPH Website](#).

**“Permissive Use” of Therapeutic Anticoagulation for Hospitalized Non-ICU Patients with COVID19**

Please see the [Notification of "Permissive Use" of Therapeutic Anticoagulation for Hospitalized Non-ICU Patients with COVID-19](#) which acknowledges recent unpublished [multi-platform trial](#) data on therapeutic anticoagulation for COVID. This document provides clinicians some interim guidance on “permissive use” of therapeutic anticoagulation based on the trial inclusion criteria and preliminary findings pending peer review and publication of the data. The NIH news release is [here](#).

**Updated Inpatient COVID Guidelines**

[Inpatient COVID Management Guidelines](#) have been updated to include:

- Updated recommendations for convalescent COVID-19 plasma
- Added details on when to consider antibiotics
- Linked to guidance on permissive use of anticoagulation

## Visitor Restrictions Relaxed This Week

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UCSF Health visitation restrictions were relaxed starting Tuesday 2/2/21. The main points can be found below. The visitor restrictions level is dependent on 1) UCSF surge status 2) 7 day case positivity rate and 3) lifted SF shelter-in-place. Any further adjustments will be communicated as conditions change.

### Relaxing of Visitation Restrictions-2/2/2021

- **Adult Hospitals: Visitation level 2 policies:**
  - Resume General Visitation for inpatients (one visitor regardless of medical or caregiving necessity) from 2 – 8PM
  - Allow 8 visitors to be on the exception list at the End of Life
  - Allow 2-4 visitors at the bedside at the End of Life, depending on the size of the room and patient acuity.
  - Surgical/procedural patients will be allowed one escort into the surgical waiting areas (space permitting), however will not be allowed into periop areas without approval.
- **Benioff Children's Hospital - SF: Visitation level 2 policies:**
  - Resume two caregivers to be together visitor hours 2-8 PM, and one caregiver overnight.
  - Allow 8 visitors to be on the exception list at the End of Life, with 4 allowed at the bedside at any given time.
  - Peds Peri-Op will allow 2 caregivers during Pre-Op and PACU, but we strongly encourage only one caregiver wait in the SWA during the procedure related to space constraints and the need to social distance.
  - Pediatric ED visitation will remain at one caregiver.
  - Doulas allowed during the labor phase of admission only

The [visitor policy](#) and [tip sheets](#) provide full details.

### **Scheduling Asymptomatic Covid Tests for Adult Cancer Center Patients**

UCSF Health is opening Asymptomatic Testing Centers (ATC) at Mission Bay, Mount Zion, and Parnassus where patients who do not have any symptoms will have the option to receive a rapid COVID test prior to treatment/procedure. The Cancer Center is participating in the launch of these new sites by scheduling patients to receive an asymptomatic test **30 minutes** before the start of their normal treatment schedule. The test will occur in the ATC at each campus (locations on following page) and will be open 7am-7pm. Patients will check in at the designated registration areas to be arrived for their asymptomatic test. Of note, caregivers of Koz House and Family House, dialysis patients, and other specialty groups are also participating in this launch at all ATC sites.

### **CRISM Program Follow Up for Outpatients Who Test Positive For COVID19**

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CRISM (COVID Results Information & Short-term Monitoring Program) is comprised of nurses who delivers COVID+ results to adult and pediatric patients, and offers short-term monitoring of symptoms for approximately 14 days.

- COVID+ UCSF Health patients who are symptomatic are informed of their results, provided isolation education, and offered short-term monitoring of symptoms via every other day automated Ciper calls, MyChart questionnaires, or manual check-in calls (for those who are not language concordant). APeX notes will be routed to providers and specialists.
- COVID+ UCSF Health patients who are asymptomatic are informed of their results, provided isolation education, and offered a one-time check-in at day 7 via a MyChart questionnaire.
- COVID+ Non-UCSF health patients are informed of their results and directed back to their PCP for clinical management.

Patients who test at UCSF with a COVID positive result are reported to the CRISM team. The CRISM nurse makes the determination if the patient fits CRISM follow up criteria. UCSF Health patients who are tested outside of UCSF may be eligible for CRISM follow up. The CRISM team does not get alerted of external results and will need a referral order from PCP to initiate CRISM services.

The preferred referral process is for the provider to place an Ambulatory Referral to COVID Testing Appointment or Respiratory Screening Clinic (UCSF ONLY); under “Order Specific Questions” select visit type: COVID positive – Home Monitoring.

CRISM team does not order or schedule retests, and does not provide return to care clearance.

### **Mask Comfort Guidance**

[Mask Comfort Enhancement Guidance](#) describes mask options and methods for improving comfort.

### **Vaccine Distribution for Patients**

- As of this week, 87% of vaccines provided to UCSF have been used. We continue to be most limited by our supply.
- Appointments open based on our currently available vaccine doses. Because our vaccines are currently extremely limited, most appointments post only one or two days in advance to be sure of enough vaccine doses and to not cancel appointments. We are working hard to expand our capacity.
- Outreach continues to the 75+ primary AND specialty care patients, and we have extended invitations to all primary care patients 65+ who have email or MyChart. We are planning direct mail outreach to the remainder in the next few days.
- All patients in the above categories are now able to schedule their vaccine directly via MyChart, if vaccine supply allows.
- Patients who have not created a MyChart account can [sign up for UCSF MyChart](#).
- After creating a MyChart account, patients can log in and click on “Can I schedule my COVID-19 vaccine?” to see a list of appointments available. If there are no appointments listed, they should check back regularly to see new options as we receive more vaccine.
- **If they have difficulty creating the MyChart**, call the MyChart Help Desk at [415-514-6000](tel:415-514-6000).
- **For scheduling assistance** call the **Vaccination Scheduling Hotline** at [415-476-3307](tel:415-476-3307).
- A number of efforts are underway to address technology, language, mobility and hesitancy barriers to vaccine access that our patients are facing.

### **FAQS for COVID Vaccine**

A new [FAQs sheet](#) with common questions about the COVID vaccine is now available.

### **Definitions for Frequent vs. Continuous Aerosol Generating Procedures (AGPs)**

Questions about the definitions of Frequent and Continuous AGPs have arisen based on the [recommendation for weekly COVID testing](#) for patients who are getting frequent or continuous AGPs in the hospital.

The definitions:

**Continuous AGPs:** any AGPs that are not discrete procedures, like Non-Invasive Positive Pressure Ventilation, high-flow oxygen, tracheostomy, etc.

**Frequent AGPs:** at least once daily AGPs, such as nebulizers or open suction

The AGPs list can be found in: [Guidance for PPE use for High Risk Aerosol Generating Procedures](#)

**What updates have been posted to the HEIP site since the last clinical update?**

Descriptive Title	New or Update	Category	Date Updated	Summary of Updates
<a href="#">Notification of "Permissive Use" of Therapeutic Anticoagulation for Hospitalized Non-ICU Patients with COVID-19 Based on Preliminary Multi-Platform Trial Data</a>	New	Algorithms and Clinical Guidance	2/2/2021	
<a href="#">Mask Comfort Enhancement Guidance</a>	New	Personal Protective Equipment	2/1/2021	Introduces staff to methods for adjusting procedure masks for improved fit around the nose and mouth using ear loop extenders or by twisting or tying a knot in ear loops, and gently molding edges of the mask around the nose bridge.
<a href="#">COVID Vaccine Locations for Families of Populations with Intellectual/Development Disabilities</a>	New	COVID Vaccine	1/28/2021	
<a href="#">Justification Letter for COVID Vaccine for Families of Populations with Intellectual/Developmental Disabilities</a>	New	COVID Vaccine	1/28/2021	
<a href="#">COVID-19 Vaccine FAQs</a>	New	COVID Vaccine	1/24/2021	
<a href="#">Letter from Department for Developmental Services for Vaccine Phase1a for Family Members of Populations with Intellectual/Developmental Disabilities</a>	New	COVID Vaccine	1/13/2021	
<a href="#">UCSF Adult COVID-19 Management Guidelines</a>	Update	Algorithms and Clinical Guidance	2/3/2021	<ul style="list-style-type: none"> <li>• Updated recommendations for convalescent COVID-19 plasma</li> <li>• Added details on when to consider antibiotics</li> <li>• Linked to guidance on permissive use of anticoagulation</li> </ul>
<a href="#">Vendor Screening Tool</a>	Update	Occupational Health Services	2/3/2021	Includes change to length of quarantine recommended after international travel.
<a href="#">Adult ED and Inpatient Visitor Quick Guide</a>	Update	Administrative Announcements and Workflows	2/1/2021	Updates to allowed visitor restrictions and exceptions and new easy to understand format
<a href="#">Continue to Work – Return to Work DETAILED GUIDELINES</a>	Update	Occupational Health Services	2/1/2021	Updates to International Travel/Domestic Travel/ Testing
<a href="#">UCSF Health COVID-19 Visitor Restrictions and Exemptions</a>	Update	Administrative Announcements and Workflows	2/1/2021	Updates to Visitor Hours, General Visitation and EOL definitions and policies

### Frequently Used Links

View COVID Data dashboards:

- UCSF Health [COVID-19 Enterprise Dashboard](#)
- Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s)
- SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services:

- Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#)
- COVID-19 Hotline 415.514.7328
- [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

[UCSF Town Halls](#)

[Emotional Health and Well-Being](#)

[Visitor Policy](#)

[COVID-19 Testing page](#)

[UCSF Travel Policy](#)

Daily Employee Health Screening: Text "Screen" to: 83973 or [UCSF Online Health Screen](#)

[UCSF COVID-19 Vaccine Information Hub](#)