



UCSF Health COVID-19

January 22, 2021

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TOWN HALLS

Once posted, you can find a recording of today's UCSF Town Hall [here](#). The meeting includes updates on UCSF's COVID-19 vaccination process.

COVID-19 UPDATES

VACCINATION UPDATES

You can find an update on COVID-19 vaccinations in [this message](#) from Josh Adler, MD, chief clinical officer for UCSF Health and at today's UCSF Town Hall. Please also check the [UCSF COVID-19 Vaccine Information Hub](#) which is constantly updated.

VENDOR SCREENING CHANGES

Starting Wednesday, January 20th, UCSF is asking vendors whether they have traveled outside of the nine-County SF Bay Area + Santa Cruz in the past 14 days. Please note that travel in a private car from home to work site does not apply.

If a vendor has traveled in the past two weeks and needs to enter a UCSF facility, we will ask them to get a COVID-19 test and be prepared to attest that they are COVID-19 negative. Test results should be no older than 72 hours upon initial entry to a UCSF facility. Those who haven't been tested will be advised that they can arrange for testing through the UCSF COVID hotline.

Please ensure any vendor you arrange to come on site is aware of this change and has the opportunity to get tested prior to coming to campus to ensure there aren't any delays in needed services. Here is a [flyer](#) with the steps they should follow.

GUIDANCE FOR RETURN TO WORK AFTER POST-VACCINE SYMPTOMS

This guidance, which has been updated, is intended to allow some employees with typical post-vaccine symptoms that overlap with COVID-19 to return to work more quickly. Recommendations reflect that post-vaccine dose #2 is showing more frequent fever, but also that dose #1 provides some protection. Changes are **highlighted**.

Post-Vaccine Dose #1 if mild-moderate muscle aches, headache, fatigue or joint aches, continue to work if symptoms last < 48 hours. *Any exposure to individuals with confirmed COVID-19 during previous 14 days warrants discussion with OHS staff and clearance.*

- **If symptoms began after vaccination, and do not last more than 48 hours since vaccination, continue/return to work with no testing.**
- If symptoms last > 48 hours since vaccination, call COVID Hotline (415.514.7328), get a COVID-19 test, and follow standard Return to Work Guidelines.

- If symptoms last < 48 hours since vaccination, but include fever or other COVID-specific symptoms, call COVID Hotline, get a COVID-19 test, and follow standard Return to Work Guidelines.

Post-Vaccine Dose #2 if mild-moderate muscle aches, headache, fatigue or joint aches, AND/OR fever (>100F/37.8C) AND no recent exposure to individuals with confirmed COVID-19 during previous 14 days:

- If symptoms began after vaccination, and do not last more than 48 hours since vaccination, return to work when fever-free for 24 hours (without use of fever-reducing medications). Call COVID Hotline for clearance. COVID-19 testing optional. You can get a COVID-19 test through Color, our testing program (more info [here.](#)) or call the COVID Hotline.
- If symptoms last > 48 hours since vaccination, call COVID Hotline, get a COVID-19 test, and follow standard Return to Work Guidelines.
- If symptoms last < 48 hours since vaccination, but include other COVID-specific symptoms, call COVID Hotline, get a COVID-19 test, and follow standard Return to Work Guidelines.

MISSION BAY BLOOD DRIVE/LOCATION CHANGE

- WHEN: Thursday, January 28th and Friday January 29th, from 9 am - 2 pm
- WHERE: ***NOTE LOCATION CHANGE***Wayne and Gladys Valley Center for Vision- Topaz Room 490 Illinois Street, San Francisco. This is the new brown/copper building behind tUCSF Medical Center at Mission Bay -a two-minute walk toward the water from the hospital.
- NOTE: If you have recently been vaccinated with the COVID-19 vaccine, you ARE able to donate red blood cells (You are only restricted from donating plasma for 14 days following vaccination.)

COVID-19 precautions will be in place with COVID-19 universal masking, COVID screening, strict social distancing and proper cleaning procedures. You can make an appointment by [clicking here](#) and clicking **donate**. Use the sponsor code: **UCSF**. (Be sure to type in **UCSF** to "sponsor code" (first box). If typed in for "sponsor name" the link does not work). You also can find more information [here](#).

Donating blood takes 60-90 minutes. Please eat a hearty breakfast and lunch and be sure to hydrate well the day before and the day of the blood drive. For eligibility questions, please [click here](#) or contact [Vitalant](#) through their website. The blood drive is hosted by the UCSF Blood Drive Committee. Contact [Katie Maniatis, RN](#) or [Erica Tavares, RN](#) with questions or if you would like to join future blood drive efforts.

All completed blood donations will be screened for antibodies to SARS-CoV-2, the virus that causes COVID-19. You will be able to find out if your plasma can be used to help others currently battling the virus. For more information regarding this [click here](#).

FREQUENTLY USED LINKS

View COVID-19 data dashboards: UCSF Health [COVID-19 Enterprise Dashboard](#) ; Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s); SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services: Continue to work/return to work [detailed staff guidelines](#); COVID-19 Hotline 415.514.7328; [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

<https://coronavirus.ucsf.edu/>

[COVID PPE Guidance](#)

[UCSF Town Halls](#)

[Infectious Disease Digests](#)

[Dept of Medicine COVID Grand Rounds](#)

[Emotional Health and Well-Being](#)

[BCH SF Clinical Digests](#)

For questions related to this newsletter, please email COVID19UCSFHealth@ucsf.edu