



Clinical Update
1.21.21

In Today’s Issue:

- **Updated Guidance for Post-Vaccine Symptoms**

Today’s Status:

	Inpatient COVID19 + Patients	Asymptomatic Case Positivity (7 day moving average)	Symptomatic Case Positivity (7 day moving average)	COVID Surge Status
UCSF Health	66	1.8%	9.5%	Red
ZSFG	54			Orange

This week, UCSF Health has seen improvement in hospitalized cases of COVID19 positive patients. Currently, San Francisco remains at Level 4 High Alert with 34.4 new cases daily per 100,000 population. This is equal to about 299 new cases daily in San Francisco.

More San Francisco COVID19 public health indicators are available via this [SFPDH Website](#).

What guidance is available for employee post vaccine symptoms and return to work?

The guidance has been updated this week.

PURPOSE: to allow some employees with typical post-vaccine symptoms that overlap with COVID-19 to return to work more quickly. These recommendations reflect that post-vaccine dose #2 is showing more frequent fever, but also being post-vaccine dose #1 provides some protection.

CHANGES:

1. **Post-Vaccine Dose #1:** if mild-moderate muscle aches, headache, fatigue or joint aches, then continue to work if duration < 48 hours. Any exposure to COVID-19 confirmed persons during previous 14 days warrants discussion with OHS staff and clearance.
 - a. **If duration < 48 hours, then continue/return to work with no testing.**
 - b. If duration > 48 hours, then proceed with calling OHS Hotline, COVID testing and standard Return to Work.
 - c. If duration < 48 hours, but includes fever or other COVID-specific symptoms, then proceed with calling OHS Hotline, COVID testing and standard Return to Work.
2. **Post-Vaccine Dose #2:** if mild-moderate muscle aches, headache, fatigue or joint aches, AND/OR fever (>100F/37.8C) AND no recent exposure to COVID-19 confirmed persons during previous 14 days
 - a. **If duration <48 hours, then return to work when fever-free x 24 hrs. Call COVID Hotline for clearance. COVID testing optional. Obtain COVID test through Color or COVID Hotline.**

- b. If duration > 48 hrs, then proceed with calling OHS Hotline, COVID testing and standard Return to Work (fever-free > 72 hrs, etc).
- a. If duration < 48 hours, but includes other COVID-specific symptoms, then proceed with calling OHS Hotline, COVID testing and standard Return to Work.

What updates have been posted to the [HEIP site](#) since the last clinical update?

Descriptive Title	New or Update	Category	Date Updated	Summary of Updates
Patient Screening Tool	Update	Occupational Health Services	1/20/2021	Includes changes to question 3 to support additional COVID exposure risks
Visitor Screening Tool	Update	Occupational Health Services	1/20/2021	Includes changes to question 3 to support additional COVID exposure risks.
Vendor Screening Tool	Update	Occupational Health Services	1/20/2021	Includes changes to question 3 to support additional COVID exposure risks and requires attestation of a negative COVID test for those who've traveled beyond 9 SF Bay Area counties in the 14 days prior to entering a UCSF facility.
Guidance for Use of PPE for Aerosol Generating Procedures	Update	Personal Protective Equipment	1/19/2021	Clarification that patients with tracheostomy/laryngostomas should preferentially be placed in a private patient room even when there is no concern for COVID.
Outpatient and Inpatient Tracheostomy/Laryngostoma Guidelines	Update	Algorithms and Clinical Guidance	1/19/2021	Clarification that inpatients with tracheostomy/laryngostomas should preferentially be placed in a private patient room even when there is no concern for COVID.
Additional Return to Care Guidance for Known COVID+ Patients or COVID Exposed Patients	Update	Algorithms and Clinical Guidance	1/18/2021	Updated previous version to clarify wording around specific recommendations.

Frequently Used Links

View COVID Data dashboards:

- UCSF Health [COVID-19 Enterprise Dashboard](#)
- Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s)
- SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services:

- Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#)
- COVID-19 Hotline 415.514.7328
- [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

[UCSF Town Halls](#)

[Emotional Health and Well-Being](#)

[Visitor Policy](#)

[COVID-19 Testing page](#)

[UCSF Travel Policy](#)

Daily Employee Health Screening: Text "Screen" to: **83973** or [UCSF Online Health Screen](#)

[UCSF COVID-19 Vaccine Information Hub](#)