



# UCSF Health COVID-19 Clinical Update

November 12, 2020 Clinical Update

In Today's Newsletter:

- COVID Vaccine
- CDC recommendations for Holiday gatherings
- Flu Dash
- Occupational Health COVID Dashboard
- PPE Adherence
- Survey Opportunity

Today's Status:

	Inpatient COVID19 + Patients	Asymptomatic Case Positivity (7 day moving average)	Symptomatic Case Positivity (7 day moving average)	COVID Surge Status
UCSF Health	11	0.5%	4.24%	Green
ZSFG	12			

Currently, San Francisco has increased to Level 4 High Alert with 8.2 new cases per 100,000 population, equal to about 71 new cases daily in San Francisco compared to 51 last week. The goal is to get below 1.8 per 100, 000, and we are currently moving in the wrong direction for the second week in a row. More San Francisco COVID19 public health indicators are available via this [SFPDPH Website](#).



## How is UCSF preparing for the COVID Vaccine?

This week, a [Pfizer and Biontech Press Release](#) summarized optimistic early findings of a COVID vaccine being 90% effective. While further data collection remains in progress, UCSF is one of 7 hospitals in California chosen for early distribution of the Pfizer vaccine. We have submitted all data needed to participate and to administer the vaccine to

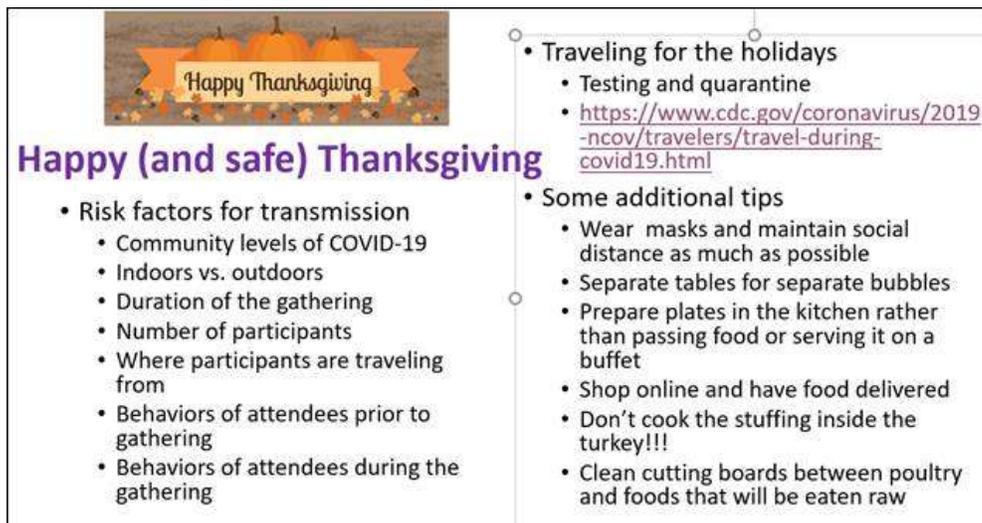
UCSF staff, patients, and also non-UCSF members through the California Department of Public Health. Early distribution of the vaccine is anticipated by December 2020, potentially for frontline staff caring for COVID-19 patients and for high risk patients. The specific guidelines will be under the Governor’s task force. Vaccine for the general public and non-direct caregivers is expected as early in Spring 2021.

### How should we think about upcoming holiday gatherings?

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As the holidays approach, many are considering options and levels of risk for gathering or traveling. The CDC has provided [recommendations for holiday celebrations and small gatherings](#). Celebrating virtually or with members of your own household (who are consistently taking [measures](#) to reduce the spread of COVID-19) poses the lowest risk for spread. The CDC has also provided [considerations related to air travel](#).

In this week’s UCSF Town Hall, George Rutherford provided the additional considerations prior to celebrating or gathering.



**Happy (and safe) Thanksgiving**

- Risk factors for transmission
  - Community levels of COVID-19
  - Indoors vs. outdoors
  - Duration of the gathering
  - Number of participants
  - Where participants are traveling from
  - Behaviors of attendees prior to gathering
  - Behaviors of attendees during the gathering
- Traveling for the holidays
  - Testing and quarantine
  - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>
- Some additional tips
  - Wear masks and maintain social distance as much as possible
  - Separate tables for separate bubbles
  - Prepare plates in the kitchen rather than passing food or serving it on a buffet
  - Shop online and have food delivered
  - Don’t cook the stuffing inside the turkey!!!
  - Clean cutting boards between poultry and foods that will be eaten raw

### How are we doing on patient and employee Influenza Vaccinations?

Protecting our patients and ourselves from Influenza is even more important this year in order to prevent overwhelming our systems with illness as a result of Influenza and COVID. A new [Flu Dash dashboard](#) shows how we are doing with immunizing our employees and our patients. To date 96% of Health employees, 88% of campus employees, and 100% of GME trainees have been immunized against influenza. Thanks to the Flu Task Force, OHS and all who have supported the vaccination efforts across our primary care and specialty services.

### How can we learn more details about occupational cases of COVID at UCSF?

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A new [Occupational Health COVID Dashboard](#) outlines data on COVID-19 testing and positive cases within the UCSF community including trends, source of transmission and some additional details on recent cases.

### What have we learned about PPE adherence to prevent the spread of COVID19?

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Over the last several weeks, observations have been done to assess for appropriate PPE use as per guidelines. Several findings are described at this [link](#).

1. **Eye protection** remains a key area for improvement.
  - a. Wear eye protection for all direct patient care
  - b. All UCSF-purchased safety eyewear is available on all inpatient units. Please experiment to find the best solution for your work.
  - c. “It is kind to remind”—please remind colleagues to wear eyewear in direct patient care.
2. **Masking** is an area where we are generally doing well. There is still some confusion about when to wear a surgical mask v. N95.
  - a. Wear a surgical mask when in any area of a UCSF building
  - b. Wear N95 plus eye protection (or PAPR):
    - i. During all aerosol-generating procedures (AGP), even if the patient tested negative for COVID-19.
    - ii. During the period after an AGP while the room air is turning over and this [sign](#) is up on the door.
  - c. Be sure to follow the reuse/extended use guidance

### Survey: Health of the Healthcare Community

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UCSF, UCLA, UCSD, and UCI are collaborating on a survey to assess the impact of COVID-19 on our health care community and their household members. The survey aims to provide a picture of your and your loved ones’ ability to cope with these unprecedented times to serve as a basis for helpful interventions.

- The questionnaire takes approximately 10 minutes.
- Your participation is voluntary and all answers remain anonymous.

Surveyors also are interested in assessing changes to responses over time. If you are interested in taking the survey again in the future, please provide your email address in the survey. Surveyors will assign you a unique identifier that will not be used to identify you and your answers. You will be part of a group contacted to participate in the survey at various time intervals.

Click on the following link or use QR code below to participate: <http://tiny.ucsf.edu/HealthHP>. Please also share this link with your household members.

For questions, please contact [meghan.duck@ucsf.edu](mailto:meghan.duck@ucsf.edu) or [yin.lo@ucsf.edu](mailto:yin.lo@ucsf.edu)



**What updates have been posted to the [HEIP site](#) since the last clinical update?**

Descriptive Title	New or Update	Category	Date Updated	Summary of Updates
<a href="#">Staying Safe During COVID-19 Pandemic: PPE Best Practices</a>	New	Personal Protective Equipment	11/12/2020	
<a href="#">Aerosol Generating Procedure in Progress Door Sign</a>	New	Forms and Signage	11/6/2020	Post this sign on the door of patients who are undergoing Aerosol Generating Procedures (AGPs) during the AGP and for the appropriate time after the end of the AGP; this will communicate to others entering the room to wear appropriate PPE.
<a href="#">COVID-19 Infection Flag Descriptions, Behaviors and Care Guidance</a>	Update	Algorithms and Clinical Guidance	8/19/2020	Removed 2 infection flags that were no longer in use.

**Frequently Used Links**

View COVID Data dashboards:

- UCSF Health [COVID-19 Enterprise Dashboard](#)
- Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s)
- SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services:

- Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#)
- COVID-19 Hotline 415.514.7328
- [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

[UCSF Town Halls](#)

[Dept of Medicine COVID Grand Rounds](#)

[Emotional Health and Well-Being](#)

[Visitor Policy](#)

Daily Employee Health Screening: Text "Screen" to: 83973 or [UCSF Online Health Screen](#)