



UCSF Health COVID-19

October 23, 2020

TOWN HALLS

Today's UCSF Town Hall, 4-5 p.m., is focused on vaccine development. You can access it [here](#). The archived link will be posted at [UCSF Town Halls](#).

COVID-19 UPDATES

FLU VACCINATIONS

The vaccination rate for UCSF Health is 83%. If you are among the approximately 2,080 people who either have not received a flu shot or submitted documentation, **please get your vaccine or an approved exemption by Oct. 31**. Occupational Health has added [flu shot clinics](#) on Tuesdays and Thursdays at Parnassus. [Primary Care clinics](#) have Saturday openings for UCSF patients. All [OHS clinics](#) are open daily during business hours. The [Employee FAQs](#) and [Managers' FAQs](#) have links to the medical and religious exemption and declination forms, as well as guidance on how to submit them.

All employees who receive **vaccines outside of an OHS flu clinic** – including UCSF Primary Care and major pharmacies – must submit documentation to flu@ucsf.edu. These should be accompanied by the employee's date of birth or UCSF ID number. Further guidance is available in the [Employee FAQs](#) and the [OHS flu vaccination page](#).

If you get your flu shot from your own provider and not at a UCSF flu clinic, you can pick up a **flu shot sticker for your ID badge at a UCSF Occupational Health office**. To get a sticker, take your proof of vaccination to one of the UCSF Occupational Health offices ([UCSF Occupational Health Services Locations and Hours](#)). You can drop off a copy of the verification at the same time if you haven't already emailed it to flu@ucsf.edu.

COMMUTING SAFELY

Whether you're traveling by carpool, shuttle, or a car service with co-workers or friends, there are steps you can take to reduce your risk of transmitting COVID-19.

- Limit the number of people in vehicle
- Carpool with the same people, if possible
- Clean & disinfect frequently touched surfaces
- Always wear face coverings or masks
 - If someone is not wearing a face covering or mask, encourage them to wear one, & keep yours on
 - When possible, move > 6 feet away from them
 - Avoid activities requiring you to remove your face covering or mask, such as drinking or eating
 - Keep windows open or air on non-recirculation mode

HEALTH OF THE HEALTH CARE COMMUNITY: SURVEY

UCSF, UCLA, UCSD, and UCI are collaborating on a survey to assess the impact of COVID-19 on our health care community and their household members. The survey aims to provide a picture of your and your loved ones' ability to cope with these unprecedented times to serve as a basis for helpful interventions.

- The questionnaire takes approximately 10 minutes.
- Your participation is voluntary and all answers remain anonymous.
- Please complete the survey only once.
- Surveyors also are interested in assessing changes to responses over time. If you are interested in taking the survey again in the future, please provide your email address in the survey. Surveyors will assign you a unique identifier

that will not be used to identify you and your answers. You will be part of a group contacted to participate in the survey at various time intervals.

- Click on the following link to participate: <http://tiny.ucsf.edu/HealthHP>.
- Please also share this link with your household members.

If you have questions, contact Yin.lo@ucsf.edu

REMINDERS

CA COVID NOTIFY

UCSF is piloting CA COVID Notify, a smartphone-based system that sends users an alert if they've had a possible high-risk exposure to COVID-19. The pilot is voluntary and users can opt in or out at any time. Personal information, location data and user identities are never collected or shared. Visit the COVID Notify website to learn more.

FAQ

(From the COVID-19 Infectious Disease Update)

Can SARS-CoV-2 survive on human skin?

From the early days of the COVID-19 outbreak there have been questions about the modes of SARS-CoV-2 transmission. A [recent investigation](#) sought to better understand the stability of SARS-CoV-2 on human skin, using a model system with cadaveric human skin samples. Whereas SARS-CoV-2 had reduced survival times on human skin compared to other surfaces (metal, glass, and plastic), virus survival times were consistently prolonged for SARS-CoV-2 compared to influenza A. Both viruses were inactivated within 15 seconds when the surfaces were treated with 80% ethanol. A strength of this study is its use of viral culture methods to detect viable virus, rather than relying on molecular testing (i.e. PCR) which may detect both non-viable and viable virus. **Conclusion:** Given the potentially greater stability on skin and environmental surfaces of SARS-CoV-2 compared with influenza A, the risk of transmission of SARS-CoV-2 via direct contact or via fomites may be higher [than with influenza](#). Consistent hand hygiene remains prudent.

FREQUENTLY USED LINKS

View COVID-19 data dashboards: UCSF Health [COVID-19 Enterprise Dashboard](#) ; Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s); SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services: Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#); COVID-19 Hotline 415.514.7328; [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

<https://coronavirus.ucsf.edu/>

[COVID PPE Guidance](#)

[UCSF Town Halls](#)

[Infectious Disease Digests](#)

[Dept of Medicine COVID Grand Rounds](#)

[Emotional Health and Well-Being](#)

[BCH SF Clinical Digests](#)

For questions related to this newsletter, please email COVID19UCSFHealth@ucsf.edu
