



October 22, 2020 Clinical Update

In Today's Newsletter:

- **Updated Clinical Care Guidelines for Influenza**

Today's Status:

	Inpatient COVID19 + Patients	Asymptomatic Case Positivity (7 day moving average)	Symptomatic Case Positivity (7 day moving average)	COVID Surge Status
UCSF Health	11	0.4%	2.51%	Green
ZSFG	2			

Currently, San Francisco has improved to Level 2 *Low Alert* with 3.6 new cases per 100,000 population, equal to about 31 new cases daily in San Francisco. The goal is to get below 1.8 per 100, 000. More San Francisco COVID19 public health indicators are available via this [SFDPH Website](#).

What's New In This Season's Influenza Guidelines?

[Guidelines for the Diagnosis and Management of Influenza](#) have now been updated for the 2020-21 Influenza season for West Bay Locations.

The summary of major changes in the guidelines are included here:

- There is a new point-of-care test (POCT) for influenza that is available in some locations – this is a molecular test with a sensitivity of 95%, and is different and more sensitive than the prior POCT antigen tests (which are no longer in use at UCSF).
- The indications for influenza testing have been updated to reflect the new influenza IDSA guidelines, but are very similar to prior IDMP influenza guidelines.
- All patients who require influenza testing should also be tested for COVID-19.
- During influenza season, the test of choice for influenza in *inpatients* is the Respiratory Viral Panel (RVP) - this is for operational reasons since COVID testing and RVP can be run together.
 - Symptomatic patients should have testing done from NP or lower respiratory tract.
 - Flu/RSV requires NP swab and RVP can be done from NP swab or lower respiratory tract sample.
 - COVID-19 and Flu/RSV or RVP can be run from the same swab but require separate orders. Do not order both Flu/RSV and RVP on the same sample.
 - FLU/RSV and RVP can be ordered STAT from the ED or when rapid results will change management.
- The recommendation for use of early, empiric therapy for inpatients and certain outpatients with suspected/confirmed influenza has not changed.
- Oseltamivir remains the drug of choice for influenza. Baloxavir is a new antiviral that is not routinely recommended given concerns about resistance; it may be considered as part of combination therapy for patients with severe influenza.

- Bacterial superinfection is more common at clinical presentation in influenza than in COVID.

What updates have been posted to the [HEIP site](#) since the last clinical update?

Descriptive Title	New or Update	Category	Date Updated	Summary of Updates
California COVID Notify	New	Exposure Notifications	10/2/2020	UCSF has started piloting CA COVID Notify , the State of California’s smartphone-based system that sends users an alert if they’ve had a possible high-risk exposure to COVID-19. The pilot program is entirely voluntary and users can choose to opt in or out at any time. Users’ personal information and location data is never collected or shared, and user identities are strictly confidential. To learn more about the pilot program, eligibility requirements and how to enable CA COVID Notify on your smartphone, visit UCSF’s CA COVID Notify website .
Continue to Work – Return to Work DETAILED GUIDELINES	Update	Occupational Health Services	10/14/2020	Updates have been made to quarantine and work clearance criteria following international travel. Essential Health Care Workers may be exempted from a quarantine requirement after a negative COVID-19 test result.
Continue to Work – Return to Work SIMPLE SHEET	Update	Occupational Health Services	10/14/2020	Updates made to align with new daily screening question: employees with a household member waiting for a COVID test result must stay at home while waiting for test result.
Data Update: COVID-19 Employee Screening, Testing and Positive Cases	Update	Occupational Health Services	10/11/2020	Updated data on employee COVID screening & testing as of 10/11/20.
PPE Requirements for Transport Guidance	Update	Personal Protective Equipment	10/8/2020	Guidance on PPE required for transporting a patient on transmission-based isolation
Employee Screening Tools	Update	Occupational Health Services	9/30/2020	Question added for employees with a household member waiting for COVID-19 test result due to COVID-type symptoms.

Frequently Used Links

View COVID Data dashboards:

- UCSF Health [COVID-19 Enterprise Dashboard](#)
- Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s)
- SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services:

- Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#)
- COVID-19 Hotline 415.514.7328
- [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

[UCSF Town Halls](#)

[Dept of Medicine COVID Grand Rounds](#)

[Emotional Health and Well-Being](#)

[Visitor Policy](#)

Daily Employee Health Screening: **Text "Screen" to: 83973** or [UCSF Online Health Screen](#)