



# UCSF Health COVID-19

August 11, 2020

## TOWN HALLS

You can view today's **UCSF Health COVID-19 Town Hall** by clicking [here](#).

Please join us at a town hall for an update on the **Comprehensive Parnassus Heights Plan**, including the new hospital at the UCSF Helen Diller Medical Center at Parnassus Heights, on **Thursday, August 20, from noon to 1 p.m.** You can [register online](#).

Please also join us for the UCSF Town Hall on August 21 from 4-5 pm. **Speaker Nancy Pelosi** will be joining us for a conversation about the pandemic and political issues facing the nation. The link to the session will be available in future updates.

## COVID-19 UPDATES

### SEVEN STEPS FOR WORKPLACE SAFETY

As COVID-19 surges in the Bay Area, we want to remind everyone about seven actions you can take to keep our workplace safe.

1. **Do not come to work sick, even if symptoms are mild.** Please err on the side of caution. If you have questions about sick leave, etc. [check here](#) or talk with your manager.
2. Always wear your eye/face shield in all clinical areas
3. Always wear a mask onsite.
4. Continue meticulous hand hygiene
5. Break Room management:

Wear a mask in break rooms, except during the act of eating or drinking, and always 6 feet away from any others who are eating.

Try to eat lunch outside if possible and always 6 feet away from any others who are eating. if you are eating outdoors with others you should still wear a mask when not eating.

If eating with others, take turns so that only one person eats with mask off at a time.

6. If you are commuting with others, ALWAYS wear a facial covering.
7. **BE A ROLE MODEL!** Always wear your mask in the community, when biking, walking, or visiting others. Most of our employees are getting COVID-19 from community exposure, from people they KNOW. You can help stop the spread by protecting yourself, while setting an example for your friends and loved ones.

### ASK YOUR LEGISLATOR TO CONTINUE CA INVESTMENTS

As we grapple with the pandemic, continued investments from the federal government are essential to help us recover. Congress is working to pass another COVID-19 emergency relief bill, and we are asking advocates to call their members of Congress and encourage that they support investments in UC and the state of California. We need the next COVID-19 bill to include funds that will directly support our communities in areas such as:

- **Direct support for states** so they can respond to the virus and provide critical health and well-being services to residents. As states work to recover from this economic crisis, it is critical that the federal government provide support for states to fund key services, including health care, education, safety and others.
- **Targeted funding for the Public Health and Social Services Emergency Fund** to ensure that those helping our most vulnerable patient populations, including public academic medical centers – such as UC's – can cover the costs of this pandemic and continue to fulfill their public service mission.

Please consider calling your legislator. You can find more information, including contact information for your legislator, [here](#).

### REASSURING PATIENTS ABOUT THEIR VISITS TO UCSF HEALTH

A number of resources have been developed to help patients better understand what UCSF Health is doing to provide a safe environment. A “What to expect during your next visit to UCSF Health” video was sent via email to over 400,000 patients and is available to share with new and returning patients [here](#). Additional information for patients is also available on the UCSF Health [website](#). Please share this important information with our patients in your communications with them.

### HEALTH CARE HERO SPOTLIGHT

Please check out this feature on the UCSF Campus Life Services [website](#) about Angela Shoga, practice coordinator for the Department of Physical Therapy and Rehabilitation Science at our Mount Zion campus.

### REMINDERS

#### YOUR VOICE COUNTS

In a year of extraordinary challenges, the UCSF community has faced the dual public health crises of COVID-19 and racism. With this in mind, we seek your feedback on how UCSF is doing on these important issues as we serve our research, education, care delivery, and public service mission. Please take this [survey](#).

### IN THE NEWS



Photo from *Illustrated Current News* – October 18, 1918 (during the flu epidemic)

Do not take any person's breath.  
Keep the mouth and teeth clean.  
Avoid those that cough and sneeze.  
Don't visit poorly ventilated places.  
Keep warm, get fresh air and sunshine.  
Don't use common drinking cups, towels, etc.  
Cover your mouth when you cough and sneeze.  
Avoid Worry, Fear and Fatigue.  
Stay at home if you have a cold.  
Walk to your work or office.  
In sick rooms wear a gauze mask like in illustration.

- This special edition of [UCSF Magazine](#) is devoted exclusively to UCSF's sweeping response to COVID-19.

### FREQUENTLY USED LINKS

View COVID-19 data dashboards: UCSF Health [COVID-19 Enterprise Dashboard](#) ; Hopkins [COVID-19 Dashboard](#) (for World, USA and CA #s); SF Chronicle [COVID-19 Dashboard](#) (CA, County and SF#s)

Occupational Health Services: Continue to work/return to work [detailed staff guidelines](#) and [simple sheet](#); COVID-19 Hotline 415.514.7328; [COVID+ Employees FAQs](#)

[UCSF Health COVID19 Infection Prevention Website](#)

<https://coronavirus.ucsf.edu/>

[COVID PPE Guidance](#)

[UCSF Town Halls](#)

[Infectious Disease Digests](#)

[Dept of Medicine COVID Grand Rounds](#)

[Emotional Health and Well-Being](#)  
[BCH SF Clinical Digests](#)

For questions related to this newsletter, please email [COVID19UCSFHealth@ucsf.edu](mailto:COVID19UCSFHealth@ucsf.edu)

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