

LEVEL 1 DONNING for a DRY, clinically STABLE, and SUSPECT patient with viral hemorrhagic fever

<p>The healthcare worker (HCW) who will care for the patient:</p> <ul style="list-style-type: none"> • Will wear surgical or disposable scrubs (shirt tucked in) and washable/wipeable footwear • Will pre-hydrate and use the restroom • Appropriately secure hair low and tight so that it is off the neck and back, and out of eyes/face • Remove jewelry, badge and other loose items including watches • Secure glasses, if needed • Verbally acknowledges each command given by observer 	<p>Supplies Needed:</p> <ul style="list-style-type: none"> • Alcohol-based Hand Rub • Hair cover • N95 • Face shield • Single-use AAMI Level 4 impermeable gown extending to at least mid-calf • Single-use boot covers extending to at least mid-calf • Inner standard gloves • Outer extended cuff gloves (must fit over inner gloves so may need size up) • Chair for donning boot covers
<p>The trained observer (must be present):</p> <ul style="list-style-type: none"> • Does not need PPE during the DONNING process • Reads the steps aloud to the HCW in a step-by-step fashion during the donning process • Visually confirms that all PPE is donned correctly • Assures that all skin, hair, and clothing is covered 	

Prior to donning:	Verified
<p>1. INSPECT: The trained observer and the HCW ensure that all PPE and supplies are available and that the sizes selected are correct for the HCW. Unfold each item and visually inspect to ensure that there are no rips or tears.</p>	<input type="checkbox"/>
<p>2. REVIEW: Review the donning sequence with the HCW before beginning the donning process.</p>	<input type="checkbox"/>

Donning sequence: <i>Observer Reads Aloud</i>	
<p>1. DON BOOT COVERS: Don the boot covers. Secure the ankle strap. Make sure that all areas of the shoes are covered, and the cover is snug.</p>	<input type="checkbox"/>
<p>2. HAND HYGIENE: Use hand sanitizer. Allow hands to dry.</p>	<input type="checkbox"/>
<p>3. PUT ON INNER STANDARD GLOVES: Ensure glove cuffs as far up arm as possible.</p>	<input type="checkbox"/>
<p>4. DON GOWN: Ensure gown is large enough to reach below the top of the boot covers. Ensure cuffs of inner gloves are under the sleeves of the gown. Observer helps secure all ties in the back.</p>	<input type="checkbox"/>
<p>5. DON HAIR COVER: Don hair cover. It should cover all hair and the ears.</p>	<input type="checkbox"/>
<p>6. DON N95: Place mask on face. Place the top strap at the crown of the head and bottom strap at the base of the head. Mold the aluminum strip over the nose and cheekbones to ensure that there are no gaps.</p>	<input type="checkbox"/>
<p>7. PERFORM A FIT CHECK OF THE N95 RESPIRATOR: Gently cover the mask with your hands, inhaling and exhaling to check for air leakage. If you feel air leaking around the edges, adjust the straps or nose piece until a snug fit is achieved.</p>	<input type="checkbox"/>
<p>8. PUT ON OUTER EXTENDED CUFF GLOVES: Don each glove. Observer assists by pulling the cuffs over the sleeves of the gown as far up the arm as possible.</p>	<input type="checkbox"/>

9. DON FACE SHIELD: Put the face shield over the facemask to protect the eyes, as well as the front and sides of the face. (If there are plastic films on the face shield, peel them off before donning.)	□
10. INSPECT: Verify integrity of the PPE ensemble by having the person go through a range of motion.	□