LEVEL 1 DONNING

Indications:

- Clinically stable (e.g., no vital sign instability); *and*
- Unlikely to require invasive or aerosol-generating procedures (e.g., intubation, suctioning, active resuscitation); *and*
- "Dry" symptoms only (e.g., no bleeding, vomiting, or diarrhea); *and*
- Suspected, not confirmed, viral hemorrhagic fever disease

The healthcare worker (HCW) who will care for the patient:

- Will wear surgical or disposable scrubs (shirt tucked in) and washable/wipeable footwear
- Will pre-hydrate and use the restroom
- Appropriately secure hair low and tight so that it is off the neck and back, and out of eyes/face
- Remove jewelry, badge and other loose items including watches
- Secure glasses, if needed
- Verbally acknowledges each command given by observer

The trained observer (must be present):

- Does not need PPE during the DONNING process
- Reads the steps aloud to the HCW in a step-by-step fashion during the donning process
- Visually confirms that all PPE is donned correctly
- Ensures that all skin, hair, and clothing is covered

Supplies Needed:

- Alcohol-based Hand Rub (ABHR)
- Fit-Tested N95 Respirator
- Tyvek Dupont 400 Hood
- Face shield
- Single-use AAMI Level 4 impermeable gown extending to at least mid-calf
- Single-use boot covers extending to at least mid-calf
- Inner standard gloves
- Outer extended cuff gloves (must fit over inner gloves so may need size up)
- Stool for donning boot covers

Prior to donning:	**Verified**
1. INSPECT: The trained observer and the HCW ensure that all PPE and supplies are available and that the sizes selected are correct for the HCW. Unfold each item and visually inspect to ensure that there are no rips or tears.	☐
2. REVIEW: Review the donning sequence with the HCW before beginning the donning process.	☐

Donning sequence: *Observer Reads Aloud*	
1. DON BOOT COVERS: Sit on stool. Don the boot covers. Secure the ankle strap. Make sure that all areas of the shoes are covered, and the cover is snug.	☐
2. HAND HYGIENE: Use hand sanitizer. Allow hands to dry.	☐
3. PUT ON INNER STANDARD GLOVES: Ensure glove cuffs as far up arm as possible.	☐
4. DON GOWN: Ensure gown is large enough to reach below the top of the boot covers. Ensure cuffs of inner gloves are under the sleeves of the gown. Observer helps secure all ties in the back.	☐
5. DON FIT-TESTED N95: Place mask on face. Place the top strap at the crown of the head and bottom strap at the base of the head. Mold the aluminum strip over the nose and cheekbones to ensure that there are no gaps.	☐
6. PERFORM A FIT CHECK OF THE N95 RESPIRATOR: Gently cover the mask with your hands, inhaling and exhaling to check for air leakage. If you feel air leaking around the edges, adjust the straps or nose piece until a snug fit is achieved.	☐

7. PUT ON THE HOOD: Ensure the hood opening is facing forward. Slowly pull the hood over the head and shoulders. a. The trained observer will do a check to ensure all areas of skin are covered and N95 respirator remains in proper position.	□
8. PUT ON OUTER EXTENDED CUFF GLOVES: Don each glove. Observer assists by pulling the cuffs over the sleeves of the gown as far up the arm as possible.	□
9. DON FACE SHIELD: Put the face shield over the face mask to protect the eyes, as well as the front and sides of the face. (If there are plastic films on the face shield, peel them off before donning.)	□
10. INSPECT: Verify integrity of the PPE ensemble by having the person go through a range of motion. a. Extend arms fully overhead: The observer checks to ensure that the gown cuffs do not slide down, exposing the inner gloves or wrist skin. b. Extend arms completely to the sides: Spread arms out horizontally. The observer checks for binding or excessive tension that could rip the seams of the gown. c. Bend forward at the waist: Bow forward significantly. The observer inspects the back, lower torso, and legs to confirm that the suit does not pull tight enough to tear or separate. d. Squat or bend the knees slightly: Squat to simulate reaching for low patient monitors or supplies. The observer verifies that boot/shoe covers stay secure and do not drag or become tripping hazards. **e.** Look fully up, down and side-to-side: Move the head through its complete range. The observer ensures that the hood remains anchored, does not break seals over the face shield/respirator, and preserves an uncompromised, unobstructed field of vision.	□