

DONNING for a Clinically Stable DRY Patient

Trained Observer Checklist – Ebola Virus Disease and Viral Hemorrhagic Fever PPE

Introduction:

- Trained observer must be present
 - Provides guidance and supervision
 - Confirms visually that PPE is serviceable and donned successfully
 - Uses visual command and written checklist below to verify each step in donning PPE
 - May assist in donning process as required
- Healthcare Worker Donning PPE (HCW)
 - Acknowledges each command given by observer

Prerequisites:

- A. Pre hydrate and use restroom
- B. Dress in scrubs
- C. Appropriately secure hair low and tight so that it is off the neck and back, and out of eyes/face
- D. Remove jewelry, badge and other loose items including watches
- E. Secure glasses
- F. Ensure shoes are tied and secured

Supplies Needed:

- Table/surface to place supplies (e.g. bedside table)
- Hair ties and Barrettes as needed
- Alcohol-Based Hand Rub
- N95 Respirator
- Head/Neck Covering
- Inner Standard Gloves
- Outer Extended Cuff Gloves
- Gown
- Boot Covers
- Face Shield

Action- Observer Reads Aloud

Verified

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| 1. INSPECT: The trained observer and the HCW ensure that all PPE and supplies are available and that the sizes selected are correct for the HCW. Unfold each item and ensure that there are no rips, tears, or abrasions. | ☐ |
| 2. REVIEW: Review the donning sequence with the HCP before beginning the donning process. | ☐ |
| 3. HAND HYGIENE: Use hand sanitizer. Allow hands to dry. | ☐ |
| 4. PUT ON N95 RESPIRATOR: Perform fit check. If unable to use N95, proceed to WET patient workflow. | ☐ |
| 5. APPLY HEAD/NECK COVERING: Ensure all hair is inside covering. | ☐ |
| 6. PUT ON INNER GLOVES – STANDARD GLOVES: Ensure the cuffs of the gloves go under gown cuffs as far up the arm as possible. | ☐ |
| 7. PUT ON BOOT COVERS: Easiest when sitting down. Secure boot cover to fit (e.g. Velcro or tape). | ☐ |
| 8. PUT ON AND TIE GOWN: Ensure that the cuffs of the inner gloves are under the sleeve of the gown. Ensure the gown is large enough to allow for unrestricted freedom of movement. Engage the Velcro closure of the gown at back of neck, then tie side tie. <i>Do NOT fasten inner tie.</i> Ensure base of hood is under gown. | ☐ |
| 9. PUT ON FACE SHIELD: Put on full face shield over the n95 Respirator to protect the eyes, as well as the front and sides of the face. No face shield for PAPR. | ☐ |
| 10. PUT ON OUTER GLOVES – EXTENDED CUFF GLOVES: Observer assists while HCW dons each glove. Observer pulls the cuffs over the sleeves of the gown as far up the arm as possible. | ☐ |
| 11. INSPECT: Verify integrity of the PPE ensemble by having the person go through a range of motion. | ☐ |

DOFFING for a Clinically Stable DRY Patient

Trained Observer Checklist – Ebola Virus Disease and Viral Hemorrhagic Fever PPE

- Trained observer must be present - Provides guidance and supervision - Confirms PPE is visually intact prior to removal and doffed successfully - Uses visual commands and doffing checklist below to verify each step - May not assist in doffing process - Recommended observer PPE, all single-use: - Fluid-resistant gown or coverall - Shoe covers (at minimum, ankle-high) - Two pairs of gloves, or at minimum, outer gloves with extended cuffs - Face shield - Surgical mask	- Healthcare Worker (HCW) Performing Doffing of PPE - Notifies trained observer when ready to doff - Acknowledges each command given by observer
Precautions: - Assume HCW hands are contaminated throughout the doffing process. - Assume the outside of HCW PPE is contaminated. Do not touch the outside and then touch inside of PPE during doffing. - Avoid reflexive actions that put HCW at risk, such as touching one's hair or face during doffing. - Try to contain and dispose of PPE in biohazard waste container. - Observer prepares supplies prior to initiating doffing procedures.	Supplies Needed: - Standard Gloves- 1 Pair - Alcohol-Based Hand Rub - Chair - Chux - Bleach Wipes - Biohazard Waste Container
Action- Observer Reads Aloud	Check
1. PREPARATION: Observer ensures doffing area clear; signals "all clear" for HCW to enter doffing area.	☐
2. WIPE GLOVES using bleach wipe on the outer gloves. Allow gloves to dry.	☐
3. INSPECT PPE to ensure there are no visible signs of contamination present. If contamination is identified, HCW uses additional bleach wipe to neutralize the contamination.	☐
4. UNFASTEN BOOT TAPE/VELCRO carefully to allow for easy boot removal (step 11).	☐
5. REMOVE OUTER GLOVES: With a gloved hand, grasp the palm of the opposite outer glove, roll it down slowly and carefully into a ball in the gloved hand. Slide a finger of the ungloved hand under remaining outer glove, roll it down slowly and carefully. Discard. Avoid contaminating inner gloves during removal.	☐
6. CLEAN GLOVES using hand sanitizer on the inner gloves. Allow gloves to dry.	☐
7. REMOVE FACE SHIELD by tilting the head slightly forward, grabbing the rear strap and pulling it over the head, gently allowing the face shield to fall forward. Discard. Avoid touching front surface of face shield.	☐
8. CLEAN GLOVES using hand sanitizer on gloves. Allow gloves to dry.	☐
9. REMOVE GOWN: Unfasten gown. Pull gown down from shoulders and away from body. Roll the contaminated side of gown inward into a ball, touching only the inside of gown. Discard.	☐
10. CLEAN GLOVES using hand sanitizer on gloves. Allow gloves to dry.	☐
11. REMOVE BOOT COVERS: Sit in a chair and remove boot covers one at a time; rolling off shoe.	☐
12. CLEAN AND CHANGE GLOVES: Use hand sanitizer on gloves and allow to dry. Remove and discard gloves, per Step 5, avoiding contamination of hands during removal process. Don a new pair of gloves.	☐
13. REMOVE HOOD: Release neck ties. Re-tie at distal end of ties. Tilt head slightly forward, grasping hood at crown of head, and pulling forward away from body and off head. Discard.	☐
14. CLEAN GLOVES using hand sanitizer on gloves. Allow gloves to dry.	☐
15. REMOVE N95 RESPIRATOR by tilting head slightly forward, grasping bottom strap then the top strap, and pulling off without touching front of N95. Discard.	☐
16. CLEAN GLOVES with hand sanitizer. Clean hand hygiene dispenser with bleach wipe. Allow gloves to dry.	☐
17. REMOVE GLOVES by slowly and carefully removing as described in Step 5. Discard.	☐
18. CLEAN HANDS using hand sanitizer on bare hands. Allow hands to dry.	☐
19. INSPECT: The Observer and HCW inspect clothing for contamination. If contamination is identified, the garments should be carefully removed and the wearer should shower immediately.	☐