

Guidance for Accepting Patients and Family Members with Respiratory Virus/COVID-19 and Acute Gastrointestinal Infections to Koz House and Family House

Definitions and Information:

- I. Day zero (0) = date of symptom onset, or if asymptomatic, date of positive COVID-19 test, whichever is earlier
- II. COVID-19 test = COVID-19 antigen test or COVID-19 PCR
- III. Patients who are diagnosed with any of these illnesses in the hospital setting prior to entry into Koz/Family House must have written medical clearance in a progress note by the inpatient primary medical team documenting that the recommendations described below have been followed and the patient is cleared to enter Koz/Family House. This note must be faxed to Koz/Family House.

Section 1: Patients or family members with diagnosed or suspected respiratory viral infections

I. Suspected or confirmed COVID-19 infection

a. If not immunocompromised:

- i. If COVID-19 is suspected or confirmed:
 1. restrict from entering/staying at the Koz/Family House until they have been fever-free for at least 24 hours without the use of fever-reducing medications
 2. AND symptoms are improving
 3. AND it is at least day 6 since symptom onset (or first positive test if asymptomatic) with day of onset = day zero.
- ii. When above criteria are met:
 1. allow entry to the Koz/Family House but require that they restrict themselves to their private rooms until all symptoms (including runny nose, cough, and congestion) are resolved.
- iii. If there is a need to pass through a common area (e.g., hallways, lobbies) they should wear a medical mask if the person is ≥ 2 years of age and/or there are no medical contradictions through day 10 after symptom onset or if asymptomatic the date of COVID-19 test, even if symptoms resolve before then.
- iv. If it is day 11 and symptoms have resolved, they no longer require to mask or remain in their private room.

b. If immunocompromised (includes mild-moderate and severely immunocompromised):

- i. Restrict guests from enter/staying at the Koz/Family House until fever-free for at least 24 hours without the use of fever-reducing medications AND symptoms are improving **AND**
 1. Either:

- a. **TIME**-based criteria are met:
 - i. day 21 since onset of illness (or first positive COVID-19 test if asymptomatic, whichever is earlier)
- or**
- b. **TEST**-based criteria are met:
 - i. \geq day 11 since onset of illness (or first positive COVID-19 test if asymptomatic, whichever is earlier)
 - ii. AND on day 8 or later has either:
 - 1. Two (2) negative COVID-19 antigen tests spaced out 24 hours OR
 - 2. One negative COVID-19 PCR test
 - ii. When all criteria are met, allow entry to the Koz/Family House but require that they restrict themselves to their private rooms until all symptoms (including runny nose, cough, and congestion) are resolved.
 - iii. If there is a need to pass through a common area (e.g., hallways, lobbies) they should wear a medical mask if the person is \geq 2 years of age and/or there are no medical contradictions through day 20 after symptom onset or if asymptomatic the date of COVID-19 test, even if symptoms resolve before then.

II. For all other respiratory viral infections including influenza, respiratory syncytial virus (RSV), adenovirus, parainfluenza, and rhinovirus:

a. Regardless of immune status:

- i. Restrict from entering/staying at the Koz/Family House until, at a minimum, they have been fever-free for 24 hours without taking fever-reducing medications AND symptoms are improving.
- ii. When criteria are met, allow entry to the Koz/Family House but require that they restrict themselves to their private rooms until all symptoms (including runny nose, cough, and congestion) are resolved.
- iii. They should wear a medical mask if the person is \geq 2 years of age and/or there are no medical contradictions if there is a need to pass through a common area (e.g., hallways, lobbies) before symptoms have completely resolved.

III. If patients or family members who are guests at the Koz/Family House develop signs or symptoms of respiratory viral illness:

- a. Notify the patient's UCSF medical team.
- b. If indicated, the medical team will arrange for a respiratory viral panel (RVP) PCR and COVID-19 PCR. The medical team will provide guidance around the need for treatment and additional medical evaluation.
- c. If feasible, assist in moving the guest(s) out of the Koz/Family House.

- d. If it is not feasible to move the guests(s) out of the Koz/Family House, isolate the patient and/or guest. This includes:
 - i. Restricting them to their private room until the criteria described above are met.
 - ii. If there is a need to pass through a common area (e.g., hallways, lobbies), they should wear a medical mask for the duration specified above if the person is ≥ 2 years of age and/or there are no medical contradictions.

Section 2: Patients or family members with diagnosed or suspected gastrointestinal infections

I. Gastrointestinal (GI) illnesses

- a. Restrict individuals with acute diarrhea with or without vomiting from entering/staying at the Koz/Family House until they have been fever-free and diarrhea-free (without the use of fever-reducing or anti-diarrheal medications) for at least 24 hours unless they are diagnosed with GI infections involving the pathogens noted below.
- b. Restrict individuals with the following types of bacterial diarrhea and individuals even if they do not have symptoms of illness but are known to be shedding these bacteria until they receive **written medical clearance** for entry from their clinical team:
 - i. Shiga toxin-producing *Escherichia coli* (also called *E. coli* O157:H7)
 - ii. *Shigella*
 - iii. *Salmonella* serotype Typhi (the cause of typhoid fever)
- c. Rotavirus/norovirus
 - i. For proven or suspected rotavirus or norovirus, restrict admittance until asymptomatic for at least 72 hrs.
- d. *Clostridioides difficile* infection (CDI)
 - i. For proven or suspected CDI, restrict entry until they have started treatment with appropriate antibiotics, their diarrhea has resolved, and they have been fever-free for 24 hours without the use of fever-reducing medicine.
 - ii. A repeat CDI test is not needed for clearance to reenter the facility.

II. If patients or family members who are guests at the Koz/Family House develop signs/symptoms of gastrointestinal illness:

- a. Notify the patient's medical team.
- b. If indicated, the medical team will arrange for additional testing. The medical team will provide guidance around the need for treatment and additional medical evaluation
- c. If feasible, assist in moving the guest(s) out of the Koz/Family House.
- d. If this is not possible to move person out of the facility, require that they and their family members restrict themselves to their private room.

Reference

[SHEA practice update: infection prevention and control \(IPC\) in residential facilities for pediatric patients and their families, 2024](#)