



Rain or Shine, Protect Yourself this Respiratory Season

CLEAN YOUR HANDS

Hand Hygiene is the #1 way to prevent the spread of infection

STAY HOME WHEN SICK

Protect your colleagues and patients

KEEP HANDS OFF YOUR FACE

We touch our face 23 times an hour¹

MASK UP

Staff are still required to mask in clinical areas – ensure a good fit, covering both nose and mouth

GET VACCINATED

Staff need to get the latest monovalent COVID-19 vaccine or decline by 3/1/24



**PREVENT INFECTIONS,
SAVE LIVES**

1 Kwok YL, Galton J, McLaws ML. Face touching: a frequent habit that has implications for hand hygiene. Am J Infect Control. 2015 Feb;43(2):112-4. doi: 10.1016/j.ajic.2014.10.015. PMID: 25637115; PMCID: PMC7115329.