

HAND HYGIENE MONITORING SHEET

Date(s) _____
 Monitor _____

Time started _____
 Time finished _____

	Location	RN	MD	RESP	Other	YES	NO circle 1
1							1 2 3 4 5
2							1 2 3 4 5
3							1 2 3 4 5
4							1 2 3 4 5
5							1 2 3 4 5
6							1 2 3 4 5
7							1 2 3 4 5
8							1 2 3 4 5
9							1 2 3 4 5
10							1 2 3 4 5
11							1 2 3 4 5
12							1 2 3 4 5
13							1 2 3 4 5

If compliance is observed, mark an X in the yes column.

If non-compliance is observed, please circle the NUMBER corresponding to the reason for non-compliance. The reasons are:

1. Did not clean hands before direct patient contact.
2. Did not clean hands after direct patient or environment contact.
3. Did not clean hands after removing gloves.
4. incorrect technique
5. Other (specify).

Indications for correct hand hygiene (HH) include:

- Before having direct contact with patients.
- Before donning gloves and performing an invasive procedures (use an antimicrobial agent)
- After removing gloves or other personal protective equipment.
- After contact with body substances or articles/surfaces contaminated with body substances.
- After contact with patient's intact skin (e.g. taking a pulse, blood pressure or lifting a patient).
- Before preparing or eating food (do not use alcohol gel).
- After personal contact that may contaminate hands (e.g., covering sneeze, blowing nose, using bathroom do not use alcohol gel).

Return completed forms by fax to 353-4348

Nursing Departments fax forms to 476-3892

Thank you for your participation!

NURSING DEPARTMENTS RETURN COMPLETED FORMS BY FAX TO 476-3892

When to clean hands: *All students, staff and faculty having direct patient care will clean hands at the following times:*

1. At the beginning of work
2. Upon **entering** and **exiting** the patient environment
3. Before and after patient contact, including dry skin contact
4. After removing gloves
5. Before performing invasive procedures
6. Before and after contact with wounds
7. After contact with patients' body substances
8. After handling equipment, supplies, or linen contaminated with body substances
9. Before handling sterile or clean supplies
10. After using the restroom
11. After touching or blowing your nose
12. Before leaving the unit

Hand Hygiene Technique:

Alcohol-based hand Gel:

- Dispense one measure of gel into palm of one dry hand
- Rub hands together covering all surfaces of hands and fingers until dry,

Takes about 15 – 20 seconds to complete this technique.

Soap and Water Technique:

- Wet hands with warm water
- Dispense one measure of soap into palm
- Work up lather by rubbing hands together for 15 seconds, covering all surfaces of the hands & fingers
- Rinse hands thoroughly
- Pat dry hands with paper towel
- Use a towel to turn off faucet with paper
- Towel Discard towel in the trash container

Takes 1 to 1½ minutes to complete this technique.

<http://infectioncontrol.ucsfmedicalcenter.org/html/HandHygiene.htm>