

HOSPITAL EPIDEMIOLOGY AND INFECTION CONTROL:  
**TABLE OF ILLNESSES/INFECTIONS AND  
RELATED WORK RESTRICTIONS**  
(UNIT SPECIFIC POLICIES SUPERSEDE THIS TABLE)

[Key: OHS = Occupational Health Services, N/A = Not Applicable]

<b>Illness/Infection</b>	<b>Work Restriction</b>	<b>Duration</b>	<b>OHS Return to Work Required</b>
Acute febrile illness caused by any infection	May not work—Refer to Stay Home/Return to Work Guidelines <a href="http://www.occupationalhealthprogram.ucsf.edu/Forms/UCSF_Stay_at_Home_Return_to_Work_Guidelines.doc">http://www.occupationalhealthprogram.ucsf.edu/Forms/UCSF_Stay_at_Home_Return_to_Work_Guidelines.doc</a>	Until afebrile for 24 hours and other symptoms significantly improved.	yes
Conjunctivitis	May not work	Until discharge ceases	yes
Cytomegalovirus	Only for acute illness	Until fever and other symptoms resolve	yes
Dermatitis of hands/forearms	May not work (hands-on patient care)	Until cleared by OHS	yes
Diarrhea: acute onset with other symptoms a. Patient care personnel b. Food handlers	a. May not work b. May not work	a. Until cleared by OHS b. Duration of illness (see Nutrition & Dietetics policy)	a. yes b. yes
Draining wounds: a. Hands, arms, face b. Other areas if covered by clothing	a. Remove from patient care or food handling b. May work	a. Until cleared by OHS b. Keep area well covered	a. yes b. no
Group A Strep Infection	May not work	24 hours after treatment started and with symptom improvement	no
Hepatitis A	May not work	From diagnosis until 7 days after onset of jaundice	yes
Hepatitis B: a. Acute b. Chronic active/carrier	a. OHS evaluation & counseling b. OHS counseling is available	a. Per evaluation by OHS b. N/A	a. yes b. no
Hepatitis C: a. Acute b. Chronic active/carrier	a. OHS evaluation & counseling b. OHS counseling is available	a. Per evaluation by OHS b. N/A	a. yes b. no
Herpes simplex: a. Genital	a. Good hand hygiene	a. N/A	a. no

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b. Hands (whitlow)  c. Facial	b. No direct patient care (<1 year children with eczema/burns, immunocompromised patients of any age) c. Mask for direct patient care	b. Until lesions dry and crusted  c. While lesions are draining	b. yes  c. no
HIV/AIDS related infections	None unless otherwise noted in this table. Confidential counseling available through OHS and (Dentistry) Dean's Advisory Committee on Health and Safety	N/A	no
Measles: a. active b. exposure in susceptible host or status unknown (pending titer)	a. May not work b. May not work	a. Until 4 days after rash appears and afebrile b. From day 5 through day 21 after exposure regardless of whether Immune Globulin or vaccine given postexposure	a. yes b. yes
Mumps: a. active b. postexposure in susceptible host	a. May not work b. May not work	a. Until 9 days after onset of parotitis b. From day 12 through day 25 after exposure	a. yes b. yes
Pertussis: a. active  b. postexposure & symptomatic  c. postexposure, asymptomatic	a. May not work  b. May not work  c. May work	a. From beginning of cold/flu symptoms until 5 days after start of appropriate antibiotics  b. Until completion of 5 days of appropriate antibiotics  c. Unless symptoms develop	a. yes  b. yes  c. no
Rash	May not work until medical evaluation	Depends on cause of rash	yes
Rubella: a. active b. postexposure in susceptible host	a. May not work b. May not work	a. Until 7 days after rash appears b. From day 14 through day 21 after exposure	a. yes b. yes
Scabies/lice (see section 8.3)	May not work	24 hours after appropriate treatment	yes

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Respiratory infection (cold/flu, pneumonia, bronchitis, persistent cough)	May not work if febrile or with acute symptoms of infection.	Until afebrile for 24 hours and symptoms significantly improved.	no
Varicella: a. chickenpox/disseminated zoster  b. postexposure in susceptible host  c. post vaccine with rash and/or fever  d. zoster/shingles: 1) face & forearms 2) chest, back, abdomen, or legs	a. May not work  b. May work after counseling by OHS. Must sign agreement to self-monitor for rash and fever  c. May not work  d. 1) May not work 2) May work if lesions covered	a. Until lesions are dry and crusted  b. Must not work if febrile or rash appears, then off until lesions dry and crusted  c. Must not work if febrile or rash appears, then off until lesions dry and crusted  d. 1) Until lesions are dry and crusted 2) N/A	a. yes  b. yes  c. yes  d. 1) yes 2) yes
Infected or colonized with any organism that has been associated with recent horizontal transmission at UCSF.	May not work or may be restricted from direct patient care and other duties	Until treated <u>and</u> pathogen is eradicated	no

Last Revised 7/02, 1/04, 4/04, 3/11

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